



NEWS LETTER OF THE SOUTH BENDIGO FOOTBALL NETBALL CLUB

June 2016 Edition

Welcome to the June edition of "Blood Lines". The intent of the Club's newsletter is to keep members, players and supporters informed about what's happening at South by recalling the highlights of the month just passed and informing on what's coming up in the month to come. If there are any other areas or aspects of the Club that you would like to see us cover please feel free to submit your suggestions via a return email.

25 YEAR REUNION FOR THE 1991 SIDES

Its 25 years since the Bloods enjoyed almost the perfect season. All 3 sides played off in their respective BFNL Grand Finals in 1991 with both the Senior and Under 18 sides winning Premiership flags for South Bendigo.

The club is recognising this achievement and celebrating the playing group's success with a reunion of all players, officials and members being held on Saturday 4th June. The reunion coincides with our round 7 match at Harry Trott Oval, Kennington against Castlemaine, the team we played off against back in '91 in the Senior Grand Final.

We have had a good number of past players from this grand era indicate that they will be returning to the club on the day and we invite all members and supporters to come along, enjoy what's shaping up as a fantastic day and catch up with the legends of this great period in the clubs history.



SENIORS · PREMIERS



UNDER 18 - PREMIERS



SOME CONTROVERSY AT THE BLOODS ☹️ - BUT DON'T LET THAT STOP YOU FROM GETTING YOUR TICKETS TO ONE OF OUR BEST ANNUAL EVENTS.

The club is holding its' annual sports luncheon on the 23rd of July coinciding with our home game against Golden Square at the QEO. This event is a major annual fundraiser for the club as well as an opportunity to host and thank the sponsors of our club.

We have been very fortunate over the years to have attracted a range of outstanding sports people as guest speakers at our annual luncheon and this year is no exception with AFL great and media personality Robert DiPierdomenico. "Dipper" is a legend of the game, playing more than 200 games in a decorated career with Hawthorn culminating in 5 Day and 5 Night Premierships, 1986 Brownlow Medallist, and being inducted into the AFL Hall of Fame in 2007.

In addition to the Brownlow Medallist, as is now widely known, we have also engaged controversial sports scientist Stephen Dank as a supporting speaker. The decision to engage Mr Dank was made simply on the basis that as one of the central figures in a very high profile and current sports issue he would be a speaker that could generate interest in our function. Clearly, as evidenced by the reaction to date, this has been the case however, perhaps somewhat naively, the club did not think the engagement of Mr Dank would prove so controversial.

Given the current level of public interest generated we feel it is important as a club to state that in engaging Mr Dank as a speaker we make it very clear that we are neither condemning nor condoning his reported involvement in the sports supplements controversies. We have simply provided the opportunity for sports people to hear firsthand one side of the biggest story in recent football history.

The South Bendigo Football Netball Club is proud to be a *Good Sports* accredited club. We work hard to manage alcohol responsibly within our club environment and have a zero tolerance to drugs, either recreational or performance enhancing. We are a strong values based club and would be extremely disappointed if there was any perception taken from this that undermined our ongoing work towards building an inclusive family friendly sports club.



Whilst we understand that Stephen Dank is a polarising character and opinions will be divided on whether we should have him as a guest speaker at our club function we reiterate that in doing so it should not be seen as anything more than simply providing a speaker that will generate much interest in our function while providing value to sponsors and members alike.

- **Where:** South Bendigo FNC Social Rooms, QEO
- **When:** Saturday 23rd July from 12.00pm
- **How:** To purchase tickets or to book a table at what is sure to be a great day contact President Rick Townsend on 0417 037 572 or at rick1242@me.com

HARRY TROTT OVAL UPDATE

The City of Greater Bendigo has received tenders for the construction of the new netball courts and floodlighting at Kennington Recreation Reserve; they have selected a preferred tenderer and are now in the process of formally awarding the contract. This process will take a couple of weeks, and once the appointment is formalised the club will be advised. It is anticipated that the works will commence in June 2016, however at this stage there is no confirmed program of works.

Alongside the construction process the City will undertake development of appropriate lease agreements for use of the courts with South Bendigo Football Netball Club and the Tennis Club as required.

It is the City's intention to attend a Kennington Recreation Reserve Advisory Committee meeting in June to provide an update to the committee regarding the works, and to discuss the pavilion design process. They have identified a preferred architectural firm for this tender and will complete the formal appointment process within the next few weeks.



FIRST GAME UNDER LIGHTS AT HARRY TROTT OVAL

South Bendigo Football Netball Club's first official night match at The Harry Trott Oval was played under the new lights on Friday 6th May. Both the U18 and U16 sides were given the honour of representing the Senior and Junior divisions of the club against Kangaroo Flat.

The night was played as a fundraising event; entry was by gold coin donation with all proceeds going towards supporting the work of Vision Australia. It is hoped this game will become an annual fixture to show case the talents of the best young footballers of our clubs. The Under 18 sides played for "The Vision Cup" which will become a perpetual trophy for the night match.

The Under 16's kicked the night off at 5.30 in front of a good crowd and while the team played a good brand of football and were competitive for the entire game the visitors proved too strong on the night.

Both of the Under 18 sides played some very good football. Sam Maher and Dermot Sheehan were amongst South's best and Brayden Torpey with 7 goals provided a focal point for the young Bloods who ran out comfortable 66 point winners. Brayden won the Andy Barrett Medal for the best South Bendigo player on the night.



BLOODS CONTINUE TO DEVELOP THE CAPABILITY OF OUR YOUNG PEOPLE BOTH ON AND OFF THE PLAYING FIELD

In addition to the development of the fitness and skill levels of our playing groups the club also looks to build their capacity as individuals. It is a big part of our strategy to build a sports club that provides a healthy and values based environment for football and netball players in which to play their sport.

On Thursday Aril 28th, Mark Bateman spoke to a crowd of 70+ people from South Bendigo Football Netball Club about mental health and suicide prevention. Mark was a passionate presenter helping all in attendance to recognise the key signs and symptoms of someone needing support and how they might best respond when faced with such situations.

Mark reminded us that mental health is an issue that each of us can be equipped to address because suicide is a permanent solution to what is often a temporary problem in people's lives.

Recent statistics in Australia tell us that:

- 33% of suicide attempts happen while under the influence of drugs and alcohol.
- 93% of these people had thought about the attempt for less than 10 mins.
- 75% of those, once the stimuli had worn off, were able to problem solve meaning that the suicidal impulse had disappeared.

Mark's engaging and informative approach was greatly appreciated helping all present to have a more informed approach as first responders. Let's continue to look out for our mates and make a difference in their lives.

Dave Lovell
South Bendigo Chaplain



Meet the Presenter...

Mark Bateman

Mark is passionate about empowering individuals through 'Life Care & Suicide Prevention' training.

Mark has trained over 20,000 community and sporting club members over the past 14 years. Mark is the National Director for Rapid Response Ministries, works for Sports Chaplaincy Australia and is Chaplain to Motorsports. You will enjoy the practical way Mark equips you to know what to do and feel empowered to make a difference.

NETBALL NEWS

50th Game Milestones

Congratulations go to 2 of our Netballers this month, both stepping out to play their 50th games for South Bendigo; Annabelle Conway in Round 9 against Gisborne and Emily Erwin in Round 10 against Kyneton. We wish both girls success in their milestone games.

Annabelle



Emily



Round 4 was PINK SPORTS DAY at the Club & our Netballers supported this great cause with wearing Pink socks & pink ribbons in their hair for the day.

Below A RESERVE showing their support for PINK DAY



Our netballers had a bit of fun on the Bye week, with having a FAST5 Netball round robin tournament at the QEO courts, the girls were teamed up in a total of 7 teams & played out the 21 game round robin tournament.

The winner won themselves some well earned Lollies & Lip Glosses. MVP went to Riley Gloury for being the only player to score a 3 point shot throughout the tournament.



TEAM BLACK
Kez, Carly, Emily, Martisse & Wal



TEAM RED
Roey, Tori, Paige & Amy

SNAPS FROM THE SIDELINES AT SOUTH

Round 4 action V Kangaroo Flat at the QEO



JUNIOR NETBALL

It has been a busy month for the South Bendigo Junior Netball Club with some great games played during this time. There has been some big wins by South Bendigo Section 2 Blue, 13/A Black, 3B Silver and 6A White. A big congratulations to the following girls who have been amongst the best on ground players in the last four weeks; Katie Sertori, Tilly Osborne, Melanie Daly and Taylah Murphy.

We have also been fortunate to be able to offer the Sports First Aid Course which will run over 8 hours on the evenings of on 1st, 8th and 15th June 2016. This is a great opportunity to build skills and capacity within our parents and volunteers.

Also a big thanks to all the junior girls who participated in the Fantastic Furniture Car Park Promotion on Saturday 28th May. The girls participated in some fun netball activities and enjoyed the opportunity to promote the Club and support our Sponsor Fantastic Furniture.



Now that the grading games are completed and the season is in full swing we are starting our planning for the 2017 netball season. If you know any families who may be interested in joining the South Bendigo Junior Netball Club, now is great time to promote the club and help it to grow even stronger next year.



SPONSOR OF THE MONTH



Fantastic Furniture - Bendigo

Fantastic Furniture is Australia's Best Value Furniture and Bedding store, with 75 stores nationally. You can now shop and buy furniture online! View our sofas, dining, mattresses and bedroom furniture, kids & nursery furniture, office, storage, lamps, rugs and amazing value furniture Package Deals!

Website: <http://www.fantasticfurniture.com.au/>

Address: Rocklea Homemaker Centre, 239-249 High St, Kangaroo Flat

Phone: (03) 5447 2666

Hours: 9am–5:30pm

SUPPORT THE SPONSORS WHO SUPPORT OUR CLUB

FOOTBALL NEWS

The past month has seen many challenges for the senior group, and while we have only won the one game at this stage in season 2016 there has been many promising signs and the boys are working extremely hard to turn this around. During this time we have showed we have the ability to match the top sides in the competition such as Kangaroo Flat and Golden Square during large stages of the game.

Internally as a group we made the commitment to each other in which we would focus our measurement of success by ensuring a group we continue to take steps forward each week. The group is committing themselves to ensure we continue to improve our overall consistency and concentration while continuing to learn, develop and implement the game plan.

On an individual basis, congratulations to Isaiah Miller on being selected and representing the club at Interleague level in Bendigo's win over Gippsland. Great work Issy, well deserved.

The Reserves side is really starting to get to know each other, being a really new group and they are benefitting from the game plan taught and reinforced over the summer. Whilst there has been some teething issues with implementation, our two's are running over sides in the last quarter in every game. Like the senior side, our win loss record does not accurately reflect the progress the players are making...but I think we are in for an exciting month if the Golden Square game was any indicator. Whilst across the board guys have all shown a bit, Jimmy 'Dipper' Pietromonaco leads the league in goal kicking with 12 after coming to the club and converting from the backline. Some notables are Darcey Scheele, Jaryd Stobus, Mitch Hocking & Charlton Hindle who are consistently putting their names up for senior selection with solid performances. The whole 8-9 guys who have played through the backline as a unit are communicating & playing fantastic football. I think it's fair to say that the club has created some depth that other clubs in the league do not have & the young age of the senior group suggests the future looks very bright at the Bloods.



Darcy Scheele



Jaryd Stobus



Mitch Hocking



Charlton Hindle

Also to date we;

- Want to wish Jimmy Mannix a speedy recovery from his surgery. Get well Slayer!! It could only be 2 weeks till we see him on the track again
- To thank Mychael Baker for doing some water etc. for us & good luck with your adventure over the next two years OS..
- Need to thank Dan Farrelly who's done an amazing job with our preseason & preparation. He has not only pulled on the boots too & blitzed. Thanks Liam, Jesse, Tmac & Braydes who have helped us out too from the U/18's.
- Thanks to Chriso, Ian, Bruce, Robbo & Clappo for the roles you're doing for us too.

As a young playing group the U18's have had some mixed results so far this season (3-3). The lads are certainly starting to play the brand of football that Coach Neale Torpey has asked of them as we continue to develop this over the coming weeks. As a playing group we are striving for consistency, not just from a week to week perspective but to break it down even further, quarter to quarter. We have had a big focus on the mental side of the game to ensure the playing group as individuals are having an influence over the four quarters.

We have shown through patches that we can match it with the better sides throughout our three losses this season. It's been small patches during these games where we have dropped off and not stuck to our structures and game plan when the opposing sides have managed to open the game up. The positives are that the playing group have learnt from each of these loses. I have seen development in these areas immediately and this was evident during the weekend game where we were two goals up at half time and managed to kick nine goals in the second half whilst only allowing Maryborough to kick one goal to run away with a 10 goal victory.

As a young playing group (16 bottom ages) they are playing an exciting brand of football. Each week presents new challenges for us which are certainly character building for the group. We are confident that our best football will certainly come in the second half of the year, so to be 3 and 3 at this stage is where we expected to be and gives us a great platform to build on for the remainder of the season.

Congratulations:

Tyler McLeod (on-baller and co-captain) who made his senior debut against Kyneton in Round Two. Tyler made the move across from Kangaroo Flat this season with his younger brother Jay and has fitted in extremely well. This is evident with Tyler being named co-captain of the under 18's.



Liam Bartels big leap for a mark in Round 6 action at Maryborough

Picture: Scott McLeod



Isaiah Miller earns BFNL Inter league Selection.

Congratulations to Isaiah Miller on his selection in the Bendigo Interleague team for the AFL Victoria Community Championship match at Warragul on the 21st May. While the BFNL bye for the inter league game gave most at the club the opportunity for a weekend off Isaiah got amongst the goal kickers in the BFNL's 33 point win over Gippsland

Photo from BFNL website

South Bendigo Juniors – On The Move

It's hard to believe we are already at round 7. Time fly's when you are having fun. Our small but passionate committee has achieved a great deal in the last 6 months.

Team App has continued to be developed as the clubs primary means of communication. The uptake particularly in the younger groups has been great and we believe this valuable tool will only make life easier to ensure the club has an open and transparent means of communicating with all stakeholders. If you are not yet on" team app" simply download the app from the app store and search for South Bendigo Juniors. It's both free and easy.

A review of the clubs equipment at the end of last season has identified some areas that needed attention. Our budget was developed to allow new jumpers to be purchased for all teams. New training bibs have been made available to the coaches along with a top up of new footballs. Recently the committee has approved the purchase of a new line marking machine. I am sure anyone involved in marking the grounds will appreciate this new acquisition. Thanks to Siobhan we have received a grant from the City of Greater Bendigo for new goal post pads at Harry Trott. We are currently borrowing pads from the BJFL as the clubs older pads are not up to standard when it comes to the safety of our kids.

With thanks to our registrar Lisa Douglas the club data on sporting pulse is now in order. We are able to use this as a reference for milestone games. The club is providing a framed certificate to recognize both 50 and 100 game milestones.

Looking forward, the clubs first aid course starts next week and we expect to announce a date for team photo's in the not too distant future.

The club's future is looking bright. The Tom Flood Aus Kick has been renamed South Bendigo Auskick and Natasha Rowe is doing amazing things linking 70 or so Aus kickers with the club. We expect a number of the players from the Senior Division to start attending and helping out with Aus Kick on Sunday mornings. At the same time our new mentoring program has just been rolled out. The Senior squad has been divided up and assigned to one of the Jnr teams and will attend some training sessions thru the remainder of the year.

The U16 team has already been hosted in the change rooms by the Senior team on match day. We expect other teams to be given the same opportunity as the season progresses.

A big thank you to our coaches and managers. They have the hardest job of all and often receive little thanks. I certainly feel for coaches who have to manage both player and often parental expectations when it comes to team selection and the moving of players between teams. For every player given an opportunity to play at a higher level there has to be one that is given the chance to regain form or confidence at a lower level. Inevitably someone is happy and someone disappointed. Hopefully with united support from both parents and club our players can learn and develop from this experiences.

If anyone is interested in playing a more active role in the club please feel free to contact me on 0418 482 342. Positions are currently available on the committee as well as a number of weekend roles that have plenty of flexibility dependent on your availability. We are more than happy to job share duties such as canteen coordinator, ground setup, or if you have skills in the use of social media we have a job for you.

Cheers,
Gareth Tawton
Junior Division President

Milestone Games for South Juniors

A huge congratulations to U14 player Jack Threlfall on 100 games with South Bendigo Junior Football Club, an outstanding effort.

Congratulations this month also go to Lachlan Shiell on 50 games with SBJFC.



Jack



Lachlan

YOUTH GIRLS FOOTBALL

So it's now officially the start of the season for the girls. Grading is over and we kicked it off with a full side (FINALLY) & under lights at Dower Park against Kangaroo Flat. The rain was heavy and the middle was muddy.

We have been working on assisting each other in pack situations and picking up the loose player which the girls put into action this week. Kangaroo Flat have been in the comp for a few years and had some really strong girls who have played 3+ years of footy but to our girls credit, they kept up the intensity and kept a smile on their face and played their hearts out.

We are starting to get a few more at training and bringing in some more game structure as the weeks go by and the excitement and willingness to learn is great to see. If the girls keep together and work hard we see bright things ahead in their future as footballers.

Still room for any other sisters, friends, or girlfriends to jump on board and have this much fun.

Thanks Emma



SOCIAL COMMITTEE NEWS

The Bloods celebrated their first major social function of the year on the 14th of May. About 70 punters flocked into the social rooms, dressed in their scariest outfits for Halloween in May. The night was a huge success with great costumes, a few slices of pizza and many beverages. Our B-grade coach Kiralee and partner Adam made good Zombies and took out the award for best dressed, whilst we also celebrated the award winners from the day's games against Golden Square.

A big thank you to our social committee who did an outstanding job with decorations and has made everyone who attended excited for our upcoming functions.



WHAT'S ON THIS MONTH?

Following our game at Harry Trott against Castlemaine on the 4th June we will be holding the post-match function and present the awards at our sponsors the All Seasons Hotel. Remember the 1991 Reunion function is being held at the Social Rooms that night as well. We will be organising a bus for our Round 9 away game at Gisborne on the 18th June. The bus will take us on a pub crawl/ bar tour on the way home. More details closer to the day Our next major function is the Gala Ball on the 9th July, so make sure you keep your eyes peeled for more information and tickets in the coming weeks!

SOUTH BENDIGO FNC ANNUAL RAFFLE

Tickets in \$5000 Draw now available

Our major raffle this year consists of a first prize of \$5,000 cash along with \$1,000 cash prizes for second and third and 10 prizes of \$100 to be drawn on August 7 which includes a free BBQ at the Social Rooms. Tickets are \$10 each and books of 10 tickets are available.

Contact Brad Wright on 0419 736 214 if you would like a ticket or a book to sell.

It's the major annual fund raiser for the club, so get yourself some tickets and help contribute to your club's success both on and off the field

SOUTH BENDIGO FOOTBALL NETBALL CLUB

\$5000 DRAW

Raffle drawn 7 August 2016 from 12pm to 5pm - Free BBQ Lunch supplied

MAJOR Prize:	\$5000
2ND Prize:	\$1000
3RD Prize:	\$1000
10 Prizes:	\$100

TICKETS ARE \$10.00 each



FIXTURE & RESULTS

Round 4: 7th May V Kangaroo Flat at the QEO Football

	Seniors	Reserves	U18's
South Bendigo	10.12:72	9.6:60	17.11:113
Kangaroo Flat	12.15:87	9.13:67	7.5:47

Netball

	A Grade	A Reserve	B Grade	B Reserve	U17's
South Bendigo	28	38	32	28	22
Kangaroo Flat	60	64	52	39	52

Round 5: 14th May V Golden Square at Wade Street Oval Football

	Seniors	Reserves	U18's
South Bendigo	7.8:50	12.8:80	3.4:22
Golden Square	17.10:112	7.5:47	22.6:138

Netball

	A Grade	A Reserve	B Grade	B Reserve	U17's
South Bendigo	27	27	26	40	33
Golden Square	69	56	35	37	52

Round 6: 28th May V Maryborough at Maryborough Football

	Seniors	Reserves	U18's
South Bendigo	27.14:176	23.12:150	15.4:94
Maryborough	8.6:54	1.5:11	5.3:33

Netball

	A Grade	A Reserve	B Grade	B Reserve	U17's
South Bendigo	31	47	68	BYE	51
Maryborough	51	39	13		50

Coming Up

Round 7: 4 th June	Castlemaine	At Harry Trott Oval, Kennington
Round 8: 13 th June	Strathfieldsaye	At QEO
Round 9: 18 th June	Gisborne	At Gisborne
Round 10: 25 th June	Kyneton	At Harry Trott Oval, Kennington



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