

NEWSLETTER OF THE SOUTH BENDIGO FOOTBALL NETBALL CLUB

August Edition

Welcome to your August 2021 edition of "Blood Lines". The intent of the Club's newsletter is to keep members, players and supporters informed about what's happening at South by recalling the highlights of the month just passed and informing on what's coming up in the month ahead.

BENDIGO FNL SEASON UPDATE on 28th JULY



Extracts from an article www.bendigofnl.com.au/news/ 27th July

All grades of BFNL football and netball competition will resume with a season reboot for all grades set for Round 16, August 7th.

Following the recent announcements by the Victorian Government regarding a slight easing of current COVID restrictions specific to community sport, and after extensive consultation with all affiliated clubs, the Bendigo Football Netball League wish to advise the following updates with regards to the resumption of the 2021 BFNL season:

- It is the current expectation that all grades of BFNL football and netball competition will return on the 7th of August, which will recommence from ROUND 16 as per the current 2021 amended fixture under the current Victorian guidelines for community sport.
- All rounds that have now been missed due to the most recent Victorian lockdown (Rounds 13, 14 & 15) will be abandoned with zero points awarded to each team for each abandoned match.

- All remaining 2021 BFNL Home & Away season scheduled rounds and dates will remain as per most recently fixtured:
 - o Round 16 August 7th
 - o Round 17 August 14th
 - o Round 18 August 21st
 - o Round 11* August 28th (*previously rescheduled round)
- The 2021 BFNL season will remain as a regular 'Final Five' finals series for all grades of competition.
- All scheduled 2021 BFNL Finals Series dates will remain as per most recently fixtured:
 - o Qualifying Finals September 4th
 - o Elimination Finals September 5th
 - o 2nd Semi Finals September 11th
 - o 1st Semi Finals September 12th
 - o Preliminary Finals September 18th
 - o Grand Finals September 24th (Friday)

The aim of the BFNL will continue to be facilitating a safe and sustainable return to community sport and overall participation for all BFNL players, volunteers, spectators, and clubs. The most recent Victorian lockdown has resulted in the unfortunate situation that the goal to achieve a full 18 round home & away season plus finals is no longer achievable for season 2021.

The BFNL will support our clubs and participants to ensure they are now all adequately and physically prepared to return under the current outlined Government restrictions for the second time this season, in anticipation that our last block of 4 regular season matches will be completed uninterrupted prior to the 2021 BFNL Finals Series.

As demonstrated during the entire 2021 season, the BFNL would like to reiterate the current season situation remains fluid and is subject to change dependent on future health advice in the coming weeks.

The BFNL will continue to work closely with AFL Central Victoria, AFL Victoria, and Netball Victoria to monitor the applicable health advice whilst always remaining fully committed to reducing financial stress on clubs where possible, to ensure sustainability and to provide a sound financial footing for 2021 and beyond.





Photo: SAA Imaging

MYLES ON THE MEND



The whole club held its collective breath during our Under 18's Round 10 match against Castlemaine when Under 18's and Senior's player Myles Livingston was hurt in a tackle. The umpires had the game stopped shortly into the third quarter when it became clear that there was the potential for some serious injury to Myles' neck.

A fantastic effort from and a big thanks to a number of individuals, especially Marty Nadort and Dujon Fuzzard for their expertise who along with John Clyne and his team spent some time making sure Myles was comfortable and stable until the ambulance arrived. Whilst we all know that there is the potential for these events it is never easy to see anyone leave the ground that way.

Myles was taken to Melbourne later that day and underwent an operation to repair several vertebrae in his neck. A real favourite amongst all the teams, we were all lifted when he dropped into training a few weeks ago and we wish him all the best in his recuperation.

CLUB MEMBERSHIP BADGES

In our last edition of **BLOOD LINES** we provided a little background on the history of the club's logo in which we referred to a collection of past membership badges retained in our possession. Far from extensive the collection has been cobbled together from a random assortment scattered around our Social Rooms, from the bottom of our trophy cabinet to a few rolling loosely about at the bottom of drawers.

The impetus for starting a collection came in 2017 when a 1938 Club Membership badge has found its way back home via Mrs Sandra Albiston kindly donated the badge, which was owned by her late father Clarence Beard, back to the club.



If you are someone who never throws things out and have a few stashed away in a shoe box somewhere that you would be happy to donate back to the Club we'd love to hear from you. We have a number of gaps in the badge collection, as you can see below, which we would like to fill, including the small "yearly inserts" that were attached to the reusable badges used in the 1980's

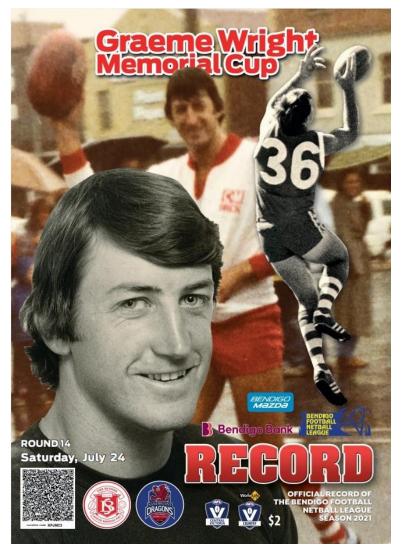


THE GRAEME WRIGHT CUP

This Covid interrupted season continues to frustrate and disappoint in many ways. For the second season in a row, we have not been able to hold the annual Graeme Wright Cup match against our old enemy Sandhurst. This match, held on our home game against the Dragons has become a most important event between us and our traditional rivals and is now one of the biggest games on the fixture for both clubs.

Not only is it a disappointment that we are unable hold this match in honour of our past Captain, Coach and Life Member but the day has, in recent years, also become the focus of our Past Players and Officials Reunion. It is now also two years in a row we have been unable to host the reunion function.

Hopefully we will be able to have crowds back at our games before the seasons end. We are on track to have one of our must successful seasons in some time with Senior football well positioned to play finals football and all 5 of our netball sides likely to see finals action. So, when you can come along to a game and watch the 2021 players in action, you won't be disappointed. You can catch up with a few supporters and past players on the sidelines and have a "mini reunion" of your own. Past players and officials are always welcome back at the club; you don't need to wait for an invitation.



The proposed BFNL Record for our Round 14 match against Sandhurst, the 2021 Graeme Wright Cup

FROM OUR CHAPLAIN

Can you believe it? It seems like Groundhog Day as we readjust our lives to another lockdown. While some of us might enjoy a few days with a quieter schedule, there is no denying the social, emotional and economic impact of such a period upon the lives of those within our club and right across the State of Victoria.

What does this mean for the South Bendigo Football Netball Club?

I think it's fair to say that our club leaders, committee members, coaches and various support staff will spend hours of their personal time thinking about the needs of the entire club and what implications this might have within our own community. They might find themselves dealing with a sporting season that needs some readjustment, people who are struggling with the isolating impact of another lockdown and of course, a myriad of DO's and DON'T's that will inevitably come our way for keeping people safe in a global pandemic. This is what they'll be doing to ensure that our club moves through these challenging times in a safe and positive manner.

While none of these club officials are looking for our praise, can I encourage each of us to look out for these people and express our gratitude towards them in the coming days. We are a family at South Bendigo and families look for ways to support and encourage one another in tough times. Words of encouragement, affirmation and praise become the glue that will hold us together as a club in tough times and set us up well for the future.

A wise person once said, "Anxiety in a person's heart weighs them down, but a good word makes them glad." Let's be the kind of people at SBFNC who are willing to go the extra mile and build up our leaders who serve us tirelessly. We can get through this difficult time if we hang onto hope, and all do our part in looking out for each other.

As the club chaplain, I can always be contacted at 0408 413 026 or via email at welfare@southbendigofnc.com.au if there is a need.

Dave Lovell South Bendigo FNC Senior Club Chaplain



2021 RAFFLE UPDATE

As all Bloods supporters would know one of the club's big annual fund raising efforts over recent years has been our \$5000 Draw. Unfortunately, due to vagaries of this Covid impacted season, we have decided not to proceed with the Draw this year. This difficult decision was made due to both the interrupted season limiting time available to sell the tickets plus the difficulty of planning with any certainty the big final function when the winners are drawn, an integral part of the Annual Draw.

We would hope that any supporters who would normally pick up a few tickets in the \$5000 Draw take out some tickets in the Toyota "Good for Footy" Raffle instead. A great way to support the Bloods with 100% of ticket sales coming back to the Club. See details below.



Good for Footy

SOUTH BENDIGO FOOTBALL AND NETBALL CLUB

TOYOTA GOOD FOR FOOTY RAFFLE

Support South Bendigo FNC by buying tickets in the Toyota Good for Footy Raffle. South Bendigo Football and Netball Club will get to keep 100% of the proceeds, and you'll go into the draw to win some amazing prizes, including three brand new Toyotas. Now that's Good for Footy.



1 ST PRIZE

2021 Toyota RAV4 GX AWD 2.5L Hybrid Auto CVT

(RRP: \$45,373)



2_{ND} PRIZE

2021 Toyota Camry Ascent FWD 2.5L Hybrid Auto CVT

(RRP: \$36,640)



3_{RD} PRIZE

2021 Toyota Yaris Cross GX 2WD 1.5L Hybrid Auto

(RRP: \$33,198)

The Toyota "Good for Footy" Raffle is a great initiative that can assist our club with vital fundraising as the sponsorship by Toyota allows for 100% of the proceeds to be directed back to our club.

It's so easy to buy a ticket and tickets are only \$5.00 – just go online, see the link below, and purchase a ticket or tickets using your credit card and you will go into the draw to win 1 of 10 amazing prizes, including a brand new car.

Now that's good for everyone; good for you, good for your club and good for footy.

Get your tickets simply by clicking on the link below and pay with your credit card.

https://toyotagoodforfooty.raffletix.com.au/southbendigofnc?v=1

SUPPORTING SOUTH BENDIGO - IT'S IN THE BLOOD

NETBALL

The month of July seen the netballers head into the second half of the season with a positive mindset, determined to ensure all teams can concrete their positions on the ladder heading into finals. It kicked off with Round 10, hosting Castlemaine at the QEO. Despite the cold and wet conditions on the day, the girls worked hard to come away with four wins, all being solid percentage boosters. Across four games, the girls shot a total of 309-goals with A Grade sitting out for their bye weekend.

Round 11 vs. Kyneton was another successful day on the court at the QEO with five wins across the board. The Under 17s kicked off the morning with a 25-goal win and all teams followed in their footsteps with convincing wins. B Reserve welcomed back club legend Mel Dillion to the court and Amy Morrissey, Mia Peters and Paige Campbell were all afforded a position in their higher respective grades (A Grade and A Reserve) due to injuries and availability, well done ladies!





The club celebrated in style off the court on the 12th July with the Cocktail Ball hosted by our good sponsors the Kennington Tavern.

Unfortunately, the commencement of the 5th COVID Lockdown placed another pause on the season and the girls returned to ZOOM sessions and training schedules away from the court. The girls continue to demonstrate resilience and a hard work ethic in the hopes to return to the court and finish off the season on a high.



Amanda Walters Netball Reporter

JUNIOR NETBALL

Unfortunately due to the current COVID lockdown we have not been on the court for some weeks now, hopefully we will be able to return very shortly! In the meantime, if you can, keep up some training or exercise at home. Below are some great resources for those interested.

The Netball Coach

The Netball Coach have training sessions you can print off and do at home. There are two sessions – one for 9 to 14-year old's and then another for 15 to Open players. There are six sessions available to date and we will continue to add the sessions when they become available. You can access the sessions below:

https://drive.google.com/open?id=1IW9xzCShjQQtJDk0m94eFjDJpXq34mtW

PE with Joe (The Bodycoach)

This one is a YouTube channel. Search "PE with Joe"

https://www.youtube.com/results?sp=mAEB&search_query=PE+with+joe Whilst a lot of the sessions are around ½ hour in length and aimed at children, there are cardio, abs and full body workouts, there are even quick 5 minute workouts.

Your Backyard

Don't forget there are lots of things you can do in your own backyard. If you have a netball ring shoot some goals. You never know we may develop a gun shooter whilst in isolation! If you need some inspiration following are a couple of websites to help you out.

https://www.sportitude.com.au/blog/6-netball-drills-you-can-do-at-home

https://australiansportscamps.com.au/blog/simple-netball-drills-kids-home

https://australiansportscamps.com.au/blog/advanced-netball-drills-young-netballers/

BSNA season going forward

Due to the current interruptions, the BSNA have been working on some options to reschedule games within the current season timelines, ie all games completed by 11 September. Once a final decision has been made, we will let everyone know



Section 3 Tomlins coached by Felicia "Fish" Eldridge

Support those who support us!

As you know the Junior Netball club are well supported by some wonderful sponsors each year. Whilst the Club decided not to seek any sponsorship this year the following businesses have supported us in the past and many are owned by families of our Club. They have been doing it tough, with many having to close their doors or seeing a huge reduction in trade.

When you can, please support them, even a small purchase helps! A lot of businesses are now offering online ordering and delivery so look them up on Facebook or their websites to find more.





Grade 5 Symons coached by Rachel Voege

SPONSOR OF THE MONTH

Erindale Farm Butchery



Owned & operated by the Gallagher Family for 5 generations The idea to move into retail came from family and friends. They ate our lamb and beef and complained they couldn't buy anything like our taste and quality. They were sick of being ripped off for inferior products from unknown sources, while we were getting so little return on generations of hard work. So, our "Paddock to the Plate" strategy was born; we purchased our shop in Lyttleton Terrace, Bendigo in February 2007 and our other at the Bendigo Marketplace in 2009. You can also find us at the Bendigo Farmers Market on the second Saturday of the month.

Call or visit Erindale Farm Butchery at:

Shop 6, Lyttleton Terrace – Bendigo Telephone 54438600

Shop 4, The Bendigo Marketplace - Bendigo

Telephone: 5441 8144

Bendigo Farmers' Market – Rosalind Park

2nd Saturday of each month

Email addresses:

For general enquiries contact butcher@erindalefarmbutchery.com.au

For product enquiries contact erindalefarms@bigpond.com

SUPPORT THE SPONSORS WHO SUPPORT OUR CLUB

FOOTBALL

Having got through a few interruptions during the last month we were looking forward to getting the season back on track with an adjusted fixture which saw the Round 11 game postponed until the last round.

In the Under 18's our Round 10 game against Castlemaine at the QEO at the start of July was an opportunity for our improving Under 18's to have a win and things were looking good with the boys getting off to an early lead in the game. Castlemaine were coming back at us leading into half time but there was confidence amongst the playing group that they could rise to the occasion. A tackle on Myles Livingston had the game stopped shortly into the third quarter when it became clear that there was the potential for some serious injury to his neck.

With a few other injuries from that Castlemaine game, we went in a little undermanned against a Kyneton side that beat us badly in the first round. Once again, the lads spirit in that game was fantastic turning around a 25 goal deficit in the first round to going down by just 9 this game. Great improvement by all our first year players who are relishing the training and good leadership by a few of our more experienced players.

The Reserves sitting just outside the five with a poor percentage used these 2 Rounds to chalk up two impressive wins at home against Castlemaine and Kyneton seeing them back in the final's contention by a game.

With a number of injuries to several senior players there has been a steady churn of players from our Reserves side which has provided some opportunities for others in our Reserves playing group to get more game time. A long term injury to Nath Newlan who had been his usual consistent self will be a big loss to the side but great to see Tommy Piazza, Matty Hore and Jack Maher having a real impact on the game in recent weeks. Dujon Fuzzard has also featured with a "goal of the game" in his last two outings and Jayden Sheean and Tyler McLeod have been regularly amongst our best.

Congratulations to the General, Tim Arnold for ticking over 200 club games for the Bloods, a fantastic effort for our Reserves Co-coach.

The Seniors have also used our two home games to chalk up two impressive wins a percentage booster against Castlemaine and shaking off a determined Kyneton in the final quarter to leave with a 40 point win. Good to see Sam Maher and Regan Harvey contributing strongly in the seniors and Kaiden Antonowicz kick 16 goals in the last two games ably supported by Michael Herlihey, Daniel Nalder and Mitch Goodwin.



Tim Arnold celebrated 200 club games



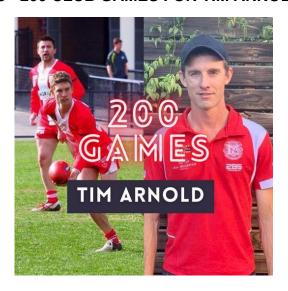
Kaiden Antonowicz in top form with 16 goals in the last 2 games

It's a state of flux moving forward as we have had the last 3 games cancelled, we hope to resume back at the QEO against Golden Square this Saturday and hope that we have had the last of the Covid related suspensions to our year.

Gary Bath Football Operations Manager



CONGRATULATIONS - 200 CLUB GAMES FOR TIM ARNOLD



Congratulations to Club stalwart and our Reserves Co-Coach Tim Arnold on reaching the significant milestone of 200 club games. An achievement to be proud of and a testament to his passion for and service to the Bloods

Well done "General" a great effort!

2021 FIXTURE & RESULTS

AUGUST'S FIXTURE

ROUND 16 Saturday, August 7 South Bendigo V Golden Square At Q.E.O. **ROUND 17** Saturday, August 14 Kangaroo Flat V South Bendigo At Dower Park **ROUND 18** Saturday, August 21 South Bendigo V Maryborough At Q.E.O. **ROUND 11** Saturday, July 28 Eaglehawk V South Bendigo At Canterbury Park



RESULTS

Round 10: 3rd July V Castlemaine @ Q.E.O.

Football

	Seniors	Reserves	U18's
South Bendigo	18.23-131	15.14-104	2.2-14
Castlemaine	3.1-19	0.3-3	8.4-52

Netball

	A Grade	A Reserve	B Grade	B Reserve	U17's
South Bendigo	BYE	92	76	78	63
Castlemaine		12	13	14	14

Round 12: 10th July V Kyneton at Q.E.O.

Football

	Seniors	Reserves	U18's
South Bendigo	15.14-104	12.12-84	2.1-13
Kyneton	9.12-56	4.7-31	11.23-89

Netball

	A Grade	A Reserve	B Grade	B Reserve	U17's
South Bendigo	50	53	48	79	63
Kyneton	21	26	28	25	14

Round 13: 17th July V Gisborne at Gardiner Reserve

Football

	Seniors	Reserves	U18's			
South Bendigo	Round Abandoned					
Gisborne	1/76					

Netball

	A Grade	A Reserve	B Grade	B Reserve	U17's
South Bendigo					
Gisborne					

Round 14: 24th July V Sandhurst at Q.E.O.

Football

	Seniors	Reserves	U18's			
South Bendigo	Round Abandoned					
Sandhurst						

Netball

	A Grade	A Reserve	B Grade	B Reserve	U17's
South Bendigo					
Sandhurst					

Round 15: 31st July V Strathfieldsaye at Strathfieldsaye Oval Football

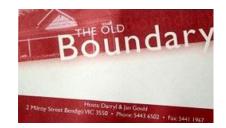
	Seniors	Reserves	U18's			
South Bendigo	Round Abandoned					
Strathfieldsaye						

Netball

	A Grade	A Reserve	B Grade	B Reserve	U17's
South Bendigo					
Strathfieldsaye					

MAJOR SPONSORS IN 2021

















Kennington Tavern

BAR I BISTRO I CAFE I WOODFIRED PIZZA I WINESTORE



