

NEWSLETTER OF THE SOUTH BENDIGO FOOTBALL NETBALL CLUB

July 2022 Edition

2021 BEST & FAIREST PORTRAITS FINALLY COMPLETED

Due to Covid complications, availability and a number of other unforeseen circumstances we had some difficulty getting our 2021 Club Champions together to have last seasons B&F portraits taken. Finally the planets aligned and we were able to get both our Club Champions and photographer Andy Banks in the same room together. Chloe Langley won her second consecutive A Grade Netball B&F Award in 2021 while gun first year player Cooper Leon took out the Senior Football Award to cap off a stellar season.

The Club Best & Fairest portrait of Cooper Leon and Chloe Langley below records the achievements of two fine athletes who had great seasons in the Red and White during 2021.



2022 SPORTS LUNCH

The date for the Club's annual sports lunch date has been announced and it promises to be a great day with football icon Kevin Sheedy and AFL Premiership player and former Bomber's Star Mark Harvey as the special guest speakers.

Always a top day, so get in early and book your seat for only \$100 per head or \$900 for a table of 10. This is a free day free for Major Sponsors and Coterie members as a part of your package, but it would still be appreciated if you could make a booking to assist with catering.

Full details below.



SOUTH BENDIGO FOOTBALL NETBALL CLUB SPORTS LUNCHEON



SPECIAL GUEST SPEAKERS KEVIN SHEEDY AND MARK HARVEY, WHO WILL HAVE WITH THEM SOME PREMIERSHIP CUPS FOR PHOTO OPPORTUNITIES.



DATE: Saturday, July 16

TIME: 12pm-5pm

WHERE: QEO - South Bendigo Social Rooms
(enter via View Street)

TICKETS: \$100 per head or \$900 for table of 10

*Includes entry in to game South Bendigo V Kyneton,
Lunch, Afternoon Tea, Beer, Wine and Soft Drink.*

To book contact Rick Townsend on 0417 037 572
or email president@southbendigofnc.com.au

COCKTAIL PARTY AT THE KENNINGTON TAVERN

It's been a cold winter so far, so why not look to bring some fun and warmth into the mid-winter months with a cocktail or two at the upcoming Cocktail Party, hosted by our good sponsors **The Kennington Tavern**.

All the details are in the flier and you can grab your tickets via the Eventbrite link below
[SBFNC Cocktail Party Tickets, Sat 16/07/2022 at 7:00 pm | Eventbrite](#)

So, dress to impress and come along to enjoy a great night and ward off those winter chills.



**The SBFNC
COCKTAIL PARTY**

The LOFT@ Kennington Tavern
7pm -12am, 16th July 2022
tickets \$50
dress code - semi formal

your ticket includes
2 DRINKS

including a choice of cocktails
Raspberry Daquiri | Cosmopolitans
Sanagria | Pimms Cup | Illusions

FINGER & FORK FOOD
Arancini | Italian Meatballs
Penne Zucca | Fish & Chips
Woodfired Pizza

LIVE MUSIC
w/ Jimmy Black 8-11pm

BOOK NOW



YOUR INVITATION TO AN HISTORIC OCCASION

Saturday 30th of July will be recorded as a significant date in the proud history of our Club. Our Round 15 clash against Gisborne on that date will be our last home game at the iconic Queen Elizabeth Oval before our relocation to the Kennington Reserve.

The Club is recognising the event by inviting all past players and officials back to the club to participate in the day. See the full details below

Come along and be a part of your Club's history

CELEBRATE HISTORY



The Club's long awaited transition to our new home out at Kennington will become a reality when we play our Round 18 home game on Harry Trott Oval later this year.

Our last QEO home game will be our clash against Gisborne on

Saturday 30th July

To recognise this historic day all past players and officials are invited back to help us celebrate this significant moment in the club's history. The QEO Social Rooms will be open from 12.00 noon, finger food will be provided throughout afternoon and admission is free.

There will be lots of memorabilia available to reminisce about and all are welcome, in fact encouraged, to bring along some of your own to share with fellow past players.

To assist with catering, it really would be appreciated if you could advise of you intension to attend by contacting either:

Rick Townsend: 0417 037 572 / president@southbendigofnc.com.au or

Alan Ellis: 0427 427 627 / alan_ellis@bigpond.com

Come along and witness club history

SBFNC 2022 ANNUAL WINTER BALL

The Club held our Annual Winter Ball, hosted by our good sponsors **The All Seasons Hotel**, on Saturday 4th June. The event which also included a “sit down” meal was well supported and both the Lansell and Bassford Rooms required to accommodate the crowd.

The formal occasion provided the players with a chance to dress in their best and as can be seen from the photo's below from Jotham Santos Photography, they made the most of the opportunity.





THE TOYOTA GOOD FOR FOOTY RAFFLE IS ON AGAIN

The Toyota "Good for Footy" Raffle is a great initiative that can assist our club with vital fundraising as the sponsorship by Toyota allows for 100% of the proceeds to be directed back to our club.

The Club is not running our Major \$5000 Draw this year so this will be the only big raffle we'll hit you up for in 2022. So, if you normally take out some tickets in our big annual draw, this year just click on the link below and grab some tickets in this one instead. The prizes are bigger and better anyway and 100% of the proceeds come back to our club



Good for Footy

SOUTH BENDIGO FOOTBALL AND NETBALL CLUB

TOYOTA GOOD FOR FOOTY RAFFLE

Support South Bendigo Football and Netball Club and you could win with the Toyota Good for Footy Raffle. Tickets are just \$5 and 100% of the proceeds go to South Bendigo Football and Netball Club. There's \$250,000 in prizes up for grabs, including three new Toyotas. That's better than a meat tray! Buy a ticket or ten and be Good for Footy!

[**BUY TICKETS**](#)



1ST PRIZE

**2022 Toyota Kluger
Hybrid GX AWD 2.5L Auto CVT Wagon**
(RRP: \$59,890)



2ND PRIZE

**2022 Toyota Camry
Hybrid Ascent Sport 2.5L Auto CVT Sedan**
(RRP: \$41,174)



3RD PRIZE

**2022 Toyota Yaris Cross
Hybrid CVT GX 1.5L AWD Auto CVT Hatch**
(RRP: \$36,698)

BUY TICKETS

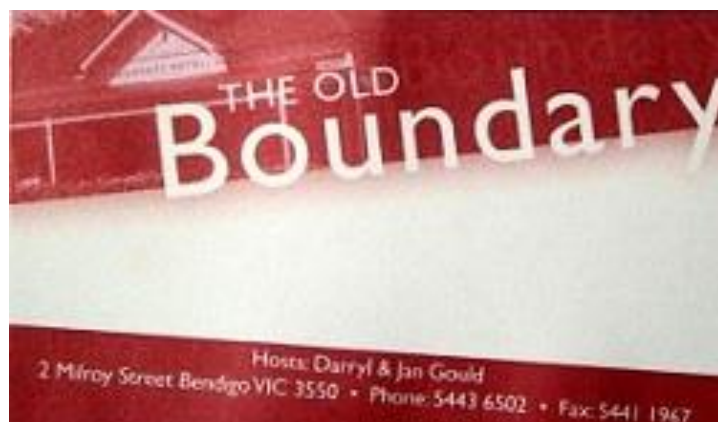
THE DRAW

The raffle will be drawn at 12pm on 9 September 2022 at Good2Give (ABN 32 089 603 314), 12 Holtermann Street, Crows Nest, NSW, 2065. The holder of the winning ticket **does not need to be present**. The winner will be notified by telephone and email (if provided).

**BUY TICKETS TO SUPPORT
SOUTH BENDIGO FOOTBALL AND NETBALL
CLUB**

Buy tickets online and pay using credit card.

MAJOR CLUB SPONSORS IN 2022 INCLUDE THE FOLLOWING BUSINESSES



SUPPORT THE SPONSORS WHO SUPPORT OUR CLUB

NETBALL

Source: Bendigo FNL Facebook page, 30th June

The Bendigo Football Netball League's "Netballer in Focus" during the last week of June was our own Keiarah Brooks. See the article reproduced below.

The infographic features a central image of Keiarah Brooks in a red and white netball uniform, holding a yellow and white netball. The background is a gradient of blue and purple with geometric patterns. At the top, it says 'BENDIGO MAZDA'. The name 'KEIARAH BROOKS' is written in large white letters. Below it, 'NETBALLER IN FOCUS' is written in white with a glowing 'X' to the right. A line points from this text to 'SOUTH BENDIGO A-GRADE'. To the right of the player, there are three circular statistics: '2022 MATCHES 10', '2022 WINS 7', and 'POSITION WA/C'. Below these is a red circular logo with a white 'SB' monogram. At the bottom right is the 'BENDIGO FOOTBALL NETBALL LEAGUE' logo.

2022 MATCHES	2022 WINS	POSITION
10	7	WA/C

This week, we congratulate KEIARAH BROOKS from the South Bendigo FNC as our Bendigo Mazda Netballer in Focus. Keiarah (aka 'KB' or 'Kizz') is a young superstar from the Bloods who is both team focused on the court, and the club focused off the court.

A country girl from Donald, Keiarah has also played VNL for City West Falcons, and is joint captain of the SBFNC A-Grade team. She has a strong interest in developing South Bendigo's junior players, co-coaching the 17/U team in 2021 and assisting with training and development in 2022.

There is clearly a bright future for Keiarah at South, and within the BFNL as an emerging ⭐ of the competition!



JUNIOR NETBALL

I hope everyone enjoys a well-earned break over the July school holidays. It has certainly been an interesting season to date, with most of our teams having fill-in players each week. Hopefully with the break everyone will be back on deck for the last five rounds before finals. As previously reported, we have most of our competitive teams looking at making finals which is a fantastic result.

Our primary teams are also enjoying some great netball each week and it is great to see them improve with every training and every game.

A huge shout out to our dedicated coaches who are all doing a fantastic job!

If anyone wants to get along to a game get down to the Bendigo Stadium Friday nights from 5pm, Strathdale Park Saturday morning or Harry Trott Saturdays. We have teams playing at all venues!

Congratulations to Ella Russell and Abbey Taylor who have both recently played their 50th game with South Bendigo junior netball! Both Ella and Abbey started playing with South in 2018 and now play in our Section 1 and Section 2 teams respectively. A fantastic effort particularly given two years that we interrupted by COVID.



We Need You!

The junior netball club is looking for a couple of people to help. At present our committee is small and I am sure you can imagine running a Club that looks after over 150 netballers is at times hard yakka! If we could get 2-3 more people onto the Committee, it would lessen the burden on our hard-working group. The Committee only meets when they must and some of our meetings are via video link. If you could spare a few hours a year to help. In truth if you wish for your children to continue to play, we need people to step up.



SPONSOR OF THE MONTH



WELCOME!

While regulars might be enjoying a casual drink in the Sports Bar, people are arriving for a gala banquet for 450 people. As guests are waking up to breakfast in their 4 star Quality Hotel rooms many others are being welcomed to an important conference. While friends plan to enjoy a catch up lunch in the Bistro, someone has decided to book dinner for the whole family. And somewhere a bride is planning her wedding.

Quality Resort All Seasons

Website: <http://allseasonsbendigo.com.au/>

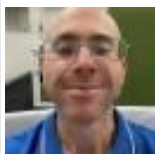
Address: 171 -183 McIvor Hwy, Bendigo

Phone: 5443 8166

SUPPORT THE SPONSORS WHO SUPPORT OUR CLUB

FOOTBALL

Bloods' destiny in own hands in pursuit of first finals since 2012



By [Luke West](#) Bendigo Addy Sport July 1 2022

Pictures: DARREN HOWE



GOTCHA: South Bendigo coach Nathan Horbury is wrapped up in a tackle by Eaglehawk's Zane Carter at the QEO last Saturday.

After trailing by 26 points during the second quarter the Bloods won by 22 points. South Bendigo will enjoy this weekend's BFNL general bye with the knowledge that when the season resumes the Bloods will have their finals destiny in their own hands.

A pivotal win over Eaglehawk last Saturday at the QEO elevated the Bloods from seventh into fifth position after 11 rounds. The Bloods - hunting a long-awaited first finals berth since 2012 - head into the week off now a game clear in fifth spot from both Sandhurst and Eaglehawk and with their record in the positive at 6-5.

"It was a really good win last week and nice to be in a position where you don't have to be relying on other results going your way and having to win some games that people probably don't think we can to play finals," South Bendigo coach Nathan Horbury said this week. "Last week gave us the belief that our good footy is good enough and that we can match it with those good sides.

"We'll enjoy the week off and then we've got a huge block of footy coming up after the bye (next two games against Sandhurst and Kyneton, both at the QEO)."

The Bloods showed tremendous fighting qualities last week to rally from a 26-point deficit during the second quarter after conceding five of the first six goals of the game. But their sluggish start was bookended by a superb final quarter surge.



UNDER PRESSURE: South Bendigo's Sam Langley fires off a handball against Eaglehawk.

Having clawed their way back to a one-point lead at three quarter-time, the Bloods then finished the game off with a four-goal to one final term to win 15.7 (97) to 11.9 (75). The turnaround in the game from the way it started to the way it finished for the Bloods was also symbolic of the up-and-down nature of their season that has been evident in their two results against the Hawks.

While they beat the Hawks by 22 points last Saturday, their first meeting for the year in round two was a 56-point win to Eaglehawk. "That has been our year... we play good patches, but we haven't been able to sustain it for long enough," Horbury said. "It was pleasing that halfway through the second quarter through to the end of the game we were able to play more of the way we wanted to... it would be nice if we could do that from the get-go."



CONTEST: South Bendigo's Kaiden Antonowicz and Eaglehawk ruckman Jack Lawton.

The win was highlighted by a five-goal bag from Kaiden Antonowicz, who was not only a dangerous threat inside forward 50 but was also busy through the midfield and started the game in the centre square.

Also among the goalkickers for the Bloods was Daniel Nalder in his second game of the season after hurting his knee in a practice match. Best known throughout his career at the Bloods as a defender, Nalder played forward last Saturday and showed his skill in front of the big sticks with a classy 40m set-shot goal from the swimming pool flank midway through the second quarter. "Daniel had a couple of really big contests that helped set the tone for us and get us going," Horbury said. "We've missed having that big body that cracks in and I thought he was really vital for us.

"Andy van Heumen and Daniel Johnstone have been playing some good footy for us down back, so it has given us the chance to switch things up and play Daniel forward.

"He has been more than happy to give it a crack and took some good marks for us, had a presence and kicked a nice goal. "Daniel hasn't played a lot of footy at all over the past three years; he did his knee in 2019, there was no season in 2020, he played a few games last year before COVID hit and then missed the first nine games this year. "It's great to have him back out there with us."

BFNL CLUB BEST PLAYER VOTES

Rank	SOUTH BENDIGO 6-5 - 5th	1	2	3	4	5	6	7	8	9	VOTES
		10	11	12	13	14	15	16	17	18	
1	Isaiah Miller 38 votes	-	-	5	4	6	1	4	3	6	29 9
2	Michael Herlihy 35 votes	-	4	2	2	4	6	2	6	5	31 4
3	Nathan Horbury 21 votes	5	-	-	-	3	4	5	-	4	21 0
4	Liam Byrne 20 votes	1	5	3	6	2	3	-	-	-	20 0
5	Cooper Leon 20 votes	3	6	1	-	5	5	-	-	-	20 0
6	Oscar White 15 votes	2	-	-	5	-	-	-	4	-	11 4

BENDIGO FOOTBALL LEAGUE LADDER									
	TEAM	P	W	L	D	FOR	AGST	PCT	PTS
1 -	Gisborne	11	10	1	0	1347	557	241.8%	40
2 -	Strathfieldsaye	11	9	2	0	1203	665	180.9%	36
3 -	Golden Square	11	8	3	0	1391	554	251.1%	32
4 -	Kyneton	11	7	4	0	1076	878	122.6%	28
5 -	South Bendigo	11	6	5	0	928	990	93.7%	24
6 -	Sandhurst	11	5	6	0	1046	814	128.5%	20
7 -	Eaglehawk	11	5	6	0	903	852	106.0%	20
8 -	Kangaroo Flat	11	3	8	0	668	1272	52.5%	12
9 -	Castlemaine	11	2	9	0	529	1414	37.4%	8
10 -	Maryborough	11	0	11	0	464	1559	29.8%	0

SOUTH BENDIGO AUSKICK

This year South Bendigo Auskick was approached and asked if we would like to incorporate Access All Abilities Auskick with our program.

This was a no brainer to include kids which normally either feel like they cannot participate, or parents feel like they cannot include them in an activity and make them feel like they belong and are more than welcome. We had funding provided to us by Sports Focus which helped create a chill out / sensory zone for all kids if they needed some time out during the session.

South Bendigo is the first club in Bendigo to promote and include kids with disabilities to be included in Auskick

Which shows what a fantastic club we are and shows what values we uphold. *Be the best you can be* has never had more meaning than in AAA Auskick

We also were invited by the FIDA Sun's to participate in a half time practice match at one of their games, to show these kids a pathway that is on offer as they grow.

Both Parents and kids have made our auskick an even better place to be on a Sunday morning and we have seen some talented kids coming through. If you aren't involved yet, and wish to be we are operating the Auskick program through until the 17th July, Call in and say Hello

**SOUTH BENDIGO FOOTBALL NETBALL CLUB'S
AAA AUSKICK!**

South Bendigo Football Netball Club are proudly delivering Bendigo's first club-run AAA Auskick Centre.

AAA Auskick is aimed at children with a disability aged between 4-12 years old (four year olds must be turning five this year).




Kids of all abilities are welcome, and no experience is needed.

Come along, learn new skills and make friends!

A Sensory/Chill Out Space is also provided.

- Every Sunday beginning 1 May and ending 10 July 2022
- 9am - 10am
- Harry Trott Oval, Kennington
- \$91 (include registration, insurance and Auskick Kit)

If you have any questions please contact Emma Tomlins on 0409 374 500



SNAPS FROM THE SIDELINES

South Bendigo Auskick at Harry Trott Oval Kennington



SOUTH BENDIGO FNC MERCHANDISE

Finals are not far away for both our juniors and seniors sides and we would love to see as much red & white at all forms of football and netball to show your support.

Click on the link below to see what's on offer and to order all your apparel needs.

<https://www.breachapparel.com.au/south-bendigo-fnc/>



L-R: Amanda Walters (Senior Netball), Kaiden Antonowicz (Senior Football) old style hoodie & Gill Davey (Exec) in the new vintage rugby jumper, some might remember these from the 90s.



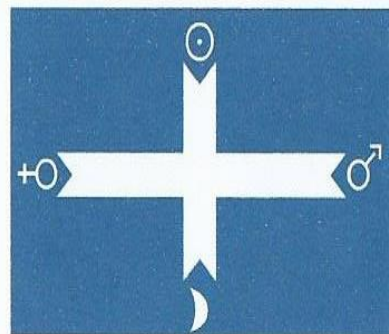
Club beanies are available in the Harry Trott and QEO canteens

MAJOR CLUB SPONSORS IN 2022 INCLUDE THE FOLLOWING BUSINESSES



KENNINGTON TAVERN

BAR | BISTRO | CAFE | WOODFIRED PIZZA | WINESTORE



**On Site
Laboratory
Services**



SUPPORT THE SPONSORS WHO SUPPORT OUR CLUB

You can't fight sleep!

As we enter the second week of the school holidays, remember to take stick to the speed limit, and take regular rest breaks. We want to make sure everyone gets home safely so stay alert and don't forget to take regular breaks whilst driving!

Drowsy driving is dangerous and potentially deadly.

If you're already behind the wheel when you start to feel drowsy, the best remedy is to pull over and have a 15-minute powernap.

Fatigue is a contributing factor in between 16-20% of all road crashes in Victoria, and with P platers being 7 times more at risk of an accident it's paramount that we teach young drivers how to avoid drowsy driving.

What can you do to avoid fatigue while driving?

- Plan a break at least every two hours of driving.
- Consider swapping drivers on long drives.
- Pull over for a 15-minute powernap if needed. Avoid driving at times when you would usually be sleeping.
- Aim to get enough quality sleep before driving – regardless of whether the trip is a long or short one.

**A 15 minute powernap
could save your life.**



FIXTURE & RESULTS

Round 8: 4th June at the QEO

Football

	Seniors	Reserves	U18's
South Bendigo	15.12-102	16.11-107	3.4-22
Maryborough	7.9-51	0.4-4	15.13-103

Netball

	A Grade	A Reserve	B Grade	B Reserve	U17's
South Bendigo	59	BYE	45	65	30
Maryborough	43		20	21	42

Round 9: 11th June V Kangaroo Flat at Dower Park

Football

	Seniors	Reserves	U18's
South Bendigo	13.15-93	7.2-44	4.6-30
Kangaroo Flat	6.11-47	9.10-64	14.19-103

Netball

	A Grade	A Reserve	B Grade	B Reserve	U17's
South Bendigo	44	31	43	27	32
Kangaroo Flat	74	44	56	44	47

Round 10: 18th June V Golden Square at Wade St

Football

	Seniors	Reserves	U18's
South Bendigo	6.11-47	2.0-12	1.1-7
Golden Square	21.14-140	19.19-133	19.15-129

Netball

	A Grade	A Reserve	B Grade	B Reserve	U17's
South Bendigo	79	68	47	49	29
Golden Square	29	20	26	21	49

Round 11: 25th June V Eaglehawk at the QEO

Football

	Seniors13	Reserves	U18's
South Bendigo	15.7-97	4.5-29	0.2-2
Eaglehawk	11.9-75	10.17-77	9.18-72

Netball

	A Grade	A Reserve	B Grade	B Reserve	U17's
South Bendigo	52	38	54	35	36
Eaglehawk	34	20	20	49	36

Coming Up

Round 12: 9 th July	Sandhurst	At QEO
Round 13: 16 th July	Kyneton	At QEO
Round 14: 23 rd July	Castlemaine	At Camp Reserve Castlemaine
Round 15: 30 th July	Gisborne	At QEO

