

BLOOD LINES

1893  2018
125 YEARS

NEWS LETTER OF THE SOUTH BENDIGO FOOTBALL NETBALL CLUB

March 2018 Edition

Welcome to the March edition of "Blood Lines". The intent of the Club's newsletter is to keep members, players and supporters informed about what's happening at South by recalling the highlights of the month just passed and informing on what's coming up in the month ahead. If there are any other areas or aspects of the Club that you would like to see us cover, please feel free to submit your suggestions via a return email.

CONTINUING THE CALL FOR CLUB MEMORABILIA

A reminder that we intend to set up the Social Rooms with a display of past memorabilia as part of the 125 Celebrations. So, if you have anything old and pertinent to the history of SBFNC (e.g. photos, jumpers, membership cards, lapel pins, etc) we would love you to get in contact and loan it to us for the display.

In particular, to help us fill some gaps, we would really appreciate getting hold of some old Annual Reports, especially from the 1950's, 60's and 70's

Being mindful of not losing/misplacing such valuable keepsakes, we request that any items offered are provided in a clear plastic sealed storage bag along with your name and contact details as well as a brief description of the item. This will ensure its safe return.

For further information or to offer items for loan, please contact Stephen Dean on msdean@bigpond.com



2018 GOLF DAY

The Club's Annual 2018 Golf Day is to be held at the Bendigo Golf Club on the 18th of March. It's always a great day so get a team together and come along to enjoy the Club's first official function in our 125th year.

For individuals or groups of less than 4 get your names into Trevor Wright or David McMurray and playing groups will be allocated on the day.

See all the details on the poster below

SOUTH BENDIGO FNC
The family club

GOLF DAY

Bendigo Golf Course

18th March

4 Man Ambrose

arrive 10am

11 am Tee-off

Free BBQ

ENTER A TEAM
\$200

ENTER A TEAM & SPONSOR A HOLE
\$350
Tick Ball to confirm

SPONSOR A HOLE
\$150

Celebrating 125 years of football

Email team details to.....

or Trevor Wright - 0408 575 159 - Email - bendigo.quotes@mmem.com.au
David McMurray - 0438 070 206 - Email - davidmcmurray1811@gmail.com

Or check out the web site - www.southbendigofnc.com.au or FB

PREMIERSHIP REUNIONS

As we advised in the February edition of **BLOOD LINES** the Club has put in place a new initiative to celebrate our past Premiership heroes by having a dedicated match each season where they are invited back to the Bloods to recognise having achieved the ultimate prize – a premiership in either Senior, Reserve or Under 18's Grade football. The Premiership Reunion Match will be held on the 5th or 10th year anniversary of each team's triumph.

This year is the 30th Anniversary of our **1988 Under 18's** premiership win, sorry boys we left you off our list last month ☹️ as well as the **1993 Seniors & Reserves** (25 years), **1988 Reserves** (30 years), **1978 Under 18's** (40 years) and the **1958 Under 18's** (60 years). All members and club officials involved with these sides are being invited to attend our Premiership Reunion Match which this year is our Round 4 game against Castlemaine at the QEO on Saturday May 5th.

If you were part of these teams (either as a player or official), spread the word and we look forward to catching up on the day. Any leads you can give us in tracking down other past players from those sides would be most appreciated.

If you are planning to attend, please RSVP to either Stephen Dean at msdean@bigpond.com or Alan Ellis at alan_ellis@bigpond.com as it will help us with the preplanning for the day.



Pictured: SOUTH BENDIGO 1988 U18's Premiers Bendigo Football League.

“STAND UP” TRAINING SESSION

The Club’s leadership groups, both on and off field, recently went through a training session conducted by Women’s Health Loddon Mallee called “Stand Up” which provided lessons on promoting equality and respect within sports clubs and the value in making the club both family and female friendly.

Sporting clubs can play an important role in creating an environment that is safe and respectful for both females and males. A key part of creating a safe and inclusive club is to equip all club members to ‘stand up’ when they see or hear about sexist language, sex discrimination or sexual harassment taking place. ‘Standing Up’ can take many forms and is often referred to as ‘bystander action’. It can include speaking up against sexist or disparaging language or jokes where safe to do so or identifying and changing club practices and policies that discriminate against women.

Stand Up is a session for sporting clubs that promotes gender equality and empowers participants with the tools to challenge attitudes, beliefs and behaviours that sustain gender based violence. Stand Up recognises the significant influence that sporting clubs have in promoting gender equality.

The session covered:

- The importance of leadership in preventing violence and promoting gender equality;
- How to be an active bystander;
- How your club can be safe and inclusive for women and girls;
- The link between violence against women and gender equality.

Conducting the session was one of the actions identified in the Clubs Gender Equality Action Plan

CIRCUIT BREAKER

'Sorry, I missed that.
Could you repeat that?'
or
'I'm not sure what you mean?'

BRING IT HOME

'How would you feel if that was your sister, mother or daughter being talked about?' or
'I'd be offended if someone said that about my daughter'.

“I” LANGUAGE

Use 'I' instead of 'you' so they don't get defensive.

'I'm not really comfortable with what you said'.

RECRUIT OTHERS

You're probably not the only one who thinks that the behaviour was out of line. Say something like:

'Am I only the one uncomfortable about this?'

CHAT

Talk to the person about what they said in private or talk to a club leader.





1 - TIME KEEPERS & SCOREBOARD OPERATORS

The club is looking to recruit and train a couple of extra people in the roles of Time Keeper and Scoreboard Operators.

Both roles are carried out in the time keepers box adjacent to the Grandstand with the scoreboard being operated remotely via a laptop computer from there as well.

The scoreboard operator role is required for home games only while the club needs to provide a time keeper for both home and away games. Having 2 or 3 trained for each job means that there is flexibility in the role, you are not locked into every weekend and the roles can even be split across each game on match day.

Watching the footy from an elevated seat, behind glass in a heated room with afternoon tea thrown in. It's like having your own super box!



2 - BAR STAFF SOCIAL ROOMS

The South Bendigo Social Rooms at the QEO have been a big asset for the club over many years. In addition to being a great facility for club gatherings and social events they also provide the club with an opportunity to raise money through the hire of the venue for external functions. The club maximises the revenue opportunities the Social Rooms provide by running these external functions wholly with volunteers. Unfortunately, as with many things, this responsibility is starting to fall onto fewer willing workers.

In line with the principle that "many hands make light work" the club is looking for expressions of interest from people who would be able to help out serving behind the bar and/or generally assisting at these functions from time to time. No experience is necessary, and you won't be locked into any roster. Emails go out requesting assistance the month before and if you're available then great, if not, well then maybe next time. It's not an onerous task and often can be a lot of fun.



If you are interested and if you think you can help us (and the Club) out in any of these roles please get in contact via Alan Ellis on 0427 427 627 or at alan_ellis@bigpond.com



BECOME A MEMBER IN 2018

Memberships continue to be an ever-increasing and important aspect of the Football Netball Club.

Our club strongly encourages all existing members, supporters, past-players and families to financially support the club and become a member in 2018 – If you love South Bendigo, we'd love to count you as a member!

Every member will receive their own club membership card which will gain them free entry into every home game as well as ½ price entry to away games.

Membership also has its rewards and a member's merchandise pack is provided to each Bloods supporter who takes out a 2018 Membership.

This year's Standard Merchandise Package, provided to all Adult, Family and Special Category members, includes a club branded bumper sticker, pen and drink bottle holder so you can show your support for the Bloods when you're driving, writing or refreshing.

The 2018 Enhanced Merchandise Package, provided to all Coterie Club Members and Player Sponsors, adds a Red and White Club Beanie to the standard pack.

Your financial support via a Club Membership is as vital as it's ever been in country Football / Netball. So that YOUR club can continue to grow and prosper, PLEASE consider taking out a Club Membership package in 2018.

Take a look at all the 2018 Memberships options on the Clubs website at <http://www.southbendigofnc.com.au/membership/> we are sure there will be a Membership Package just right for you!

WE NEED YOU - BE INVOLVED....

SUPPORTING SOUTH BENDIGO – IT'S IN THE BLOOD



DATES TO PUT IN YOUR CALENDAR

Practice Match

Saturday 17th March Harry Trott Oval

The only "home" preseason game for this year. Come along to see some of the new talent that's been recruited and to get a taste of what's in store for 2018

2018 Golf Day

Sunday 18th March, Bendigo Golf Course 11.00am tee-off

The 4 person Ambrose event, run by the past players, is the first official club function of the year and it's always a great day.

2018 Season Launch

Friday 6th April, All Seasons Hotel

Get our 125th Season off to a good start with our Season Launch Function at the All Seasons Hotel. A great function to enjoy a fun night of hospitality and see the introduction of the 2018 football and netball playing groups.

Graeme Wright Cup / Past Players & Officials Day

Round 2 Saturday April 21st V Sandhurst at the QEO

The annual match against Sandhurst for the Graeme Wright Cup which has always provided a great day for past players and officials to get back to the club.

NETBALL NEWS

Our Netballers big Easter Raffle is on again. Tickets available Tuesday evenings at Harry Trott from 6-8pm or see one of the players.

Only \$2 a ticket with 10 chances to win! – You've gotta be in it to win it!



Netball Fundraising Easter Hamper Raffle



1ST PRIZE

Assorted Easter Egg
Hamper valued
at \$200.00*



2ND PRIZE

Assorted Easter Egg
Hamper valued
at \$100.00*



3RD PRIZE Assorted Easter Egg hamper valued at \$50.00*

4TH PRIZE Assorted Easter Egg hamper valued at \$30.00*

5TH & 6TH PRIZE Assorted Easter bag valued at \$20.00*

7TH & 8TH PRIZE Assorted Easter bag valued at \$15.00*

9TH & 10TH PRIZE Assorted Easter bag valued at \$10.00*

ALL TICKETS \$2.00ea

~10 chances to WIN~

Raffle drawn at Harry Trott on Tuesday evening on 27th March 2018.
Winners notified by phone.
*approximate values



NETBALL VOLUNTEERS REQUIRED

We are looking for support from the Netball side of the Senior club to assist with helping contact past netball players and coaches/officials, specifically for the purposes of creating an up to date database of all Netballers over the past 26 years.

This is critical in being able to contact past Netballers so they can be invited back to future club functions – specifically the 125 year Gala Reunion Day and Ball in the first instance.

Responsibilities would include contacting past player groups in your era and assisting in collating details to be forwarded onto the club so that the master database list can be updated. There are minimal records on the database at present and we would like to grow this Netball database.

Your help would be greatly appreciated as this is a big task.

Please contact Stephen Dean at msdean@bigpond.com or Alan Ellis at alan_ellis@bigpond.com if you are able to assist.



JUNIOR NETBALL

It is very hard to believe the 2018 Netball Season is upon us – where did those six months go?? Certainly, a good part of that time has been spent planning and organising ourselves for what we believe will be a fabulous year for the Junior Netball Club. Again, we are excited by the number of girls who have expressed interest in playing netball with South this year – both returning players and new girls to the Club.

BSNA 2018 Winter Competition

This year, we expect to register 12 junior netball teams to play in the Bendigo Strathdale Netball Association (BSNA) Winter Competition in the following sections:

- 1 x Grade 4 team
- 2 x Grade 6 teams
- 3 x 13/U teams
- 6 x Open teams

We have close to 100 girls registered to play junior netball with South Bendigo this year – this is almost 20% more than last year. We are delighted and proud of how our junior netball division is growing and look forward to sharing a successful, enjoyable and rewarding year with our players and their families.

Coaching Development

Our players will be lead and supported by a great team of energetic and enthusiastic coaches under the guidance of our equally spirited Junior Coaching Coordinator – **Tara Everist**. Our sincere thanks to the following parents and senior and junior players for investing their very valuable time to help our players advance and develop their skills:

Chad Aldred	Julie Eldridge	Zoe Johnston
Haley Aldred	Steph Goode	Marita McLean
Sarah Appleby	Chloe Harding	Katrina Sparrow
Makaelah Clarke	Sharon Hocking	Maddy Townsend
Sarah Dennis	Janelle Hobbs	Amanda Walters

The Junior Netball Club hosted a very successful Junior Coach and Player Development Clinic on Sunday 18 February 2018 at the Flora Hill Stadium. There were two sessions – one covering various aspects of coaching and the other covering player development.

The purpose of the Coaches' clinic was to expose our coaches and aspiring coaches to the skills, knowledge and experience of experienced coach and previous Netball Victoria Talent Scout, Kane Fetterplace. When the players came along for their part in the clinic, the coaches then applied what they had learned in their session under the guidance of Kane. This proved to be a great formula and the feedback from the clinics was very positive. Some of the comments from the day were:

*“The hands-on work with the players after the coaching session worked really well”
(Coach)*

“The drills were relevant and challenging (player)”

“The coaches were very direct and clear with their directions (player)”

Junior Netball Committee

The Junior Netball Committee oversees the administration and management of the Junior Netball Club and works hard to ensure players of all abilities from Grade 4 to 18 years of age have the opportunity to enjoy netball in an inclusive, friendly, welcoming and positive environment. In 2018, our Committee Members are:

Michelle Forrester	Operations Manager / Registrar
Haley Aldred	Communications / Events / Fundraising
Linda Canfield	General Committee
Jenny Daly	General Committee
Tara Everist	Coaching Coordinator
Nerissa Fry	Uniforms / Equipment
Dorinda Wallace-Felini	Minute Secretary

The Junior Netball Club is built and functions on the good-will of volunteers and we welcome and encourage all families to get involved in some way – as a team manager, carer, scorer, cheer-leader, participant in Club events and activities, etc. etc.

Stand Up – Promoting Equality and Respect

The Junior Netball Division recently participated in a wonderful Club initiative promoting gender equality and the creation of an environment that is safe, welcoming and inclusive. The interactive session focused on the role sporting clubs can play in preventing violence against women and equipping their members with the tips and tools they can use to ‘stand up’ when they see or hear inappropriate sexist behaviour. This initiative is a wonderful example of the Club’s commitment to providing a safe, comfortable, inclusive and family friendly environment for all its players and families.

Dates to Remember

EVENT	DATE	TIME	VENUE
Coaches, Managers, Carers Meeting	Tuesday 27 th March	To be advised	To be advised
BSNA Season Commences	Friday 20 th / Saturday 21 st April	n/a	Flora Hill Stadium
BSNA Annual Tournament	Sunday 29 th April	To be advised	Flora Hill Stadium
BSNA no play – Queens Birthday Weekend	Friday 8 th / Saturday 9 th June	n/a	Flora Hill Stadium
BSNA no play – School Holidays	Friday 6 th / Saturday 7 th July and Friday 13 th / Saturday 14 th July	n/a	Flora Hill Stadium
Pizza/Pie Night	Wednesday 18 th July	To be advised	Harry Trott
BSNA Final Round	Friday 24 th / Saturday 25 th August	n/a	Flora Hill Stadium
BSNA Grand Finals	Friday 14 th / Saturday 15 th September	n/a	Flora Hill Stadium
Junior Netball Presentation Night	Wednesday 19 th September	To be advised	QEO Club Rooms

SPONSOR OF THE MONTH



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Website: <http://www.fantasticfurniture.com.au/>

Address: Rocklea Homemaker Centre, 239-249 High St, Kangaroo Flat

Phone: (03) 5447 2666

Hours: 9am–5:30pm

SUPPORT THE SPONSORS WHO SUPPORT OUR CLUB

FOOTBALL NEWS



NEW ON FIELD FOOTBALL LEADERSHIP IN 2018

Due to a retirement and probable AFL commitments with Essendon this season both of last year's Co-Captains, Aaron Connaughton and Kieran Strachan, have passed on the Senior Football Captain baton and on field leadership role to Brad Wright for Season 2018.

Following 2 x Best and Fairest years at the Bloods in 2015 and 2016 Kieran Strachan made Essendon's AFL list last year. Another good season with South last year as well as a couple of prominent displays at AFL level again see's Kieran listed with the Bombers and likely to make more appearances for them in 2018. Kieran has been named as a Vice Captain for the Bloods this year.

After 150 plus senior games with South Bendigo, the last 3 years as Club Captain and 5 years at AFL level with the Bendigo Bombers Aaron Connaughton has decided to retire.



PICTURE: WINNING THE HARD BALL – Aaron Connaughton gets a handball out in the wet against Gisborne

In weighing up his options the priorities of a young family and a developing business helped shape the final decision.

Aaron has provided the following message as a thank you to all at South Bendigo FNC

"I have decided to retire at the ripe old age of 34. To be honest I have lost the drive and motivation to compete and pull the jumper on for another year. It's been something I've been doing now for the good part of 16 years, and even before that through the SBFC & Pioneers junior programs.

I'm just not enjoying it as much as I was in the past and as I'm finding out that priorities shift as you get older. I still love the game, but I feel that's there's other paths for me to take at this stage in my life (i.e. Business & Family). Obviously with a young family and the new business, I just can't make the commitment required to play senior football.

South Bendigo Football Club is and always will be part of my DNA, and I'm thankful for all the support I've received along the way, from my team-mates, coaches and club staff, my family and friends, and from the amazing bloods supporters.

It has been an honour to captain the club for the last three seasons, and I'll step away satisfied I gave it everything I possibly could. The club and playing list is looking really healthy, and I can't wait to see the boys take the competition on and be a real contender this year."



South Bendigo – It's in the Blood is a slogan that has been used in much of the Clubs media over recent years and nothing depicts the truth of that statement more than the picture above. Captain Aaron Connaughton, one of the 4th generation of Connaughton's to pull on the Red and White, holding daughter Lane and the Graeme Wright Cup, named after one of the Club's legends and the father of new Captain Bradley Wright.

If you would like to support Aaron's in his business endeavours at **Blackbird Mortgage Solutions Pty Ltd** you can see what's on offer on the

Website: www.blackbirdmortgagesolutions.com.au or contact Aaron at

Email: aaron@blackbirdmortgagesolutions.com.au or on

Mobile: **0407 295 115**

The Bloods are very pleased to announce that our senior football captain for 2018 is Bradley Wright.

The son of former South Bendigo Captain and Coach Graeme Wright; Brad has spent much of his life at the club, first as a little kid running around the rooms getting in everybody's way when his father was heavily involved up until his first game in the Red and White at the age of 9 in under 12s, he was always destined to be a South Bendigo player. Brad went on to play over 100 games with South Juniors.

Now in his 14th year of senior football Brad has played over 200 club games, 150 at senior level for the club. A member of 2 unsuccessful Grand Final sides our new Captain is keen to see that statistic converted to include a winning appearance.



Bloods new Captain in 2018 Brad Wright

At the same time as the appointment of Brad as the new Captain, Coach Brady Childs also announced the 2018 on field leadership Group with Liam Bartells, Zac Hare, Nick Howe, Isaiah Miller, Jake Miller and Daniel Nalder joining Vice Captain Kieran Starchan supporting Brad in his leadership role.



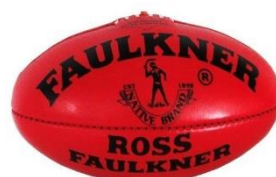
South Bendigo's 2018 Leadership Group: Zac Hare, Daniel Nalder, Captain Brad Wright, Jake Miller, Liam Bartells and Nick Howe. Absent: Vice Captain Kieran Strachan & Isaiah Miller

PRESEASON TRAINING



Photos: Bendigo Advertiser

A solid pre-season campaign under the guidance of fitness coach Dan Farrelly sees the senior playing group well prepared for the up-coming season. Good numbers regularly in attendance at all training sessions with all players putting in some really hard work.



JUNIOR FOOTBALL

As this goes to print most of the pre-season work has already been completed by our hardworking committee and coaches to get the season underway without a hitch.

Our junior committee includes Lisa Douglas (Registrar), Carolyn Ross (Treasurer), Mick Sheill (coaching co-ordinator), Siobhan Tawton (canteen/marketing), Natasha Rowe (Auskick), Dustin Lavery and Anthony Purcell. Most of these committee members are in their 3rd and 4th year on the committee with several likely to be moving on as their children finish with Junior sport. To survive the club needs an ongoing changing of the guard and new parents and faces to join in the day to day running of the club. If anyone is interested in joining the junior football committee, please feel free to approach any of the above for more information or call Gareth Tawton on 0418 482 342.

2018 will see another year of growth for the club with U9, U10, U12, U14 and 2 x U16 teams being fielded alongside another two girl's teams in the U12 and U15 division to complement our existing U18 side. It is interesting to hear comments from the BJFL that a record number of players have sort to change clubs in 2018. Thankfully for us we have been able to retain nearly all our 2017 list across all ages as well as having several transfers into the club.

The Junior Division held a Family/Registration Day on Sunday 18 February. We booked out Brennan Park Pool and took advantage of the warm weather to have a great social day while players had a chance to meet coaches and try on club warm up tops. This was also a fantastic opportunity to join the netballers for a social gathering and I'm sure everyone who attended enjoyed themselves.

The U16 and U14 age groups have already started Pre- Season training with the remainder of the junior division to get started over the next few weeks. Bring on the footy!



Flying the Flag: The Junior Division's Family/Registration Day at Brennan Park Pool

YOUTH GIRLS FOOTBALL

SOUTH BENDIGO FNC

The Family Club

‘Coz Girls play footy too!



REGISTRATION NOW OPEN

U12 - Coach - Shaun Langdon - 0413 922 625
U15 - Coach - Maddy Townsend - 0428 816 374
U18 - Coach - Guido Bachin - 0488 237 866

Register on line <http://www.southbendigofnc.com.au/>

Contact: Lisa Douglas SBFNC Junior Registrar
juniorsecretary@southbendigofnc.com.au or call the Registrar on 0417 108 067.

PLANNING A FUNCTION IN 2018?

If you have a major personal milestone event coming up in 2018 or you just need a venue to hold a workplace function why not consider using the South Bendigo FNC Social Rooms?

Situated centrally at the top end of View St, the convenience of the location plus bar prices that are well under other CBD venues make the Club Social Rooms a winner on all levels.

So, if you are looking for an ideal location to hold your function or business meeting this year you should consider giving Alan Ellis a call on 0427 427 627 or contact via email at alan_ellis@bigpond.com to solve your venue problem.



HALL FOR HIRE

PHONE FOR BOOKINGS

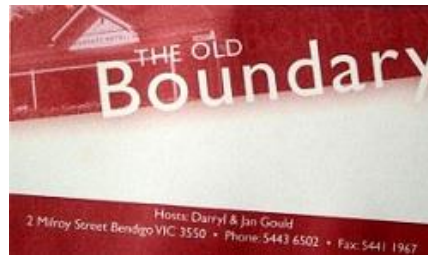
03 5443 5191

2018 FIXTURE

ROUND 1 Saturday, April 14 Kyneton v South Bendigo	ROUND 10 Saturday, June 23 South Bendigo v Kyneton
ROUND 2 Saturday, April 21 South Bendigo v Sandhurst	ROUND 11 Saturday, June 30 Sandhurst v South Bendigo
ROUND 3 Saturday, April 28 Maryborough v South Bendigo	GENERAL BYE Saturday, July 7
ROUND 4 Saturday, May 5 South Bendigo v Castlemaine	ROUND 12 Saturday, July 14 South Bendigo v Maryborough (HT)
ROUND 5 Saturday, May 12 Golden Square v South Bendigo	ROUND 13 Saturday, July 21 Castlemaine v South Bendigo
INTER-LEAGUE Saturday, May 19 Hampden v Bendigo at Warrnambool	ROUND 14 Saturday, July 28 South Bendigo v Golden Square
ROUND 6 Saturday, May 26 Eaglehawk v South Bendigo	ROUND 15 Saturday, August 4 South Bendigo v Eaglehawk (HT)
ROUND 7 Saturday, June 2 South Bendigo v Kangaroo Flat (HT)	ROUND 16 Saturday, August 11 Kangaroo Flat v South Bendigo
ROUND 8 Saturday, June 9 Strathfieldsaye v South Bendigo	ROUND 17 Saturday, August 18 South Bendigo v Strathfieldsaye
ROUND 9 Saturday, June 16 South Bendigo v Gisborne	ROUND 18 Saturday, August 25 Gisborne v South Bendigo



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