

# **NEWS LETTER OF THE SOUTH BENDIGO FOOTBALL NETBALL CLUB**

**May2019 Edition**

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Welcome to your May edition of “Blood Lines”. The intent of the Club’s newsletter is to keep members, players and supporters informed about what’s happening at South by recalling the highlights of the month just passed and informing on what’s coming up in the month ahead.

## **LADIES DAY THE CLUB**

The first home game of the season, our Round 1 clash with Maryborough, featured a new initiative at the club, a social day tailored for the women of South Bendigo. The aim was to attract all of our female members and supporters as well as the mothers and partners of current players. This was to create an opportunity for them to meet and network with each other making them more comfortable to come along to future matches in the knowledge that they would see people they knew and that they were most welcome in the South Bendigo Social Rooms.

It was a great afternoon of entertainment, food and wine featuring 3 inspirational women as the guest speakers for the function; Australian Basketballer & AFLW Footballer Kerryn Harrington, Rebecca Bulley Australian Netballer (& sister of past Bloods B&F winner Kieran Strachan) Margaret O’Rourke Business Woman and current City of Greater Bendigo Mayor. All three women spoke of their pathway to success, the hurdles they faced and the attributes required to overcome them.

The club has worked very hard to create a family and female friendly environment in our Social Rooms and this was another step to show all who are connected with the Bloods that they can feel comfortable coming into our Social Rooms on game days and for after match functions. A big thank you to Julie Gardiner and Christine Walker for their initiative and great work in conducting such a successful event.



**Christine Walker & Julie Gardiner welcome guests to the “Ladies Day at the Club”**



The team behind the successful day; Christine Walker, Mayor Margaret O'Rourke, EmCee Erin Ryan, Sports stars Kerryn Harrington & Rebecca Bulley and Julie Gardner.

## **GRAEME WRIGHT DAY**

Our Round 3 game against Sandhurst on the 27<sup>th</sup> April marked 21 years since the inaugural Graham Wright Memorial Cup match against our traditional rivals and, as always, the day also featured our annual past players and officials lunch.

1993/94 Premiership Captain and Coach Peter Curran was the Club's special guest on the day. In addition to being the guest speaker at the past players lunch, Peter was also invited to address the senior side before the main game. Demonstrating that he has lost none of his ability to motivate a team, Peter delivered a powerful address weaving into the dialogue the Bloods values of displaying character and being the best they can be.

Following his address to the playing group Peter returned to the Social Rooms and gave an informative and entertaining talk to the past players on his football career, the pathway which brought him to the Bloods and some reminiscences of his champion sides of the early 1990's. Just like his address to the playing group the audience listened to Peter with great attentiveness and with an obvious respect. One of the great Bloods over the years, Peter is held in high esteem and still very popular with all at South Bendigo.

Current Coach Nathan Horbury was also generous enough to take time out from the normal hectic pregame routines to address the past players. Nathan gave a brief overview of his football background by way of introduction and spoke about the current playing group and his expectations for the season ahead.

Unfortunately, the day was very much undersubscribed by the past players and officials with smaller than expected numbers in attendance. The club suspects that the convergence of Easter and the ANZAC Day holiday in the same week this year may have impacted and been the major contributor to such disappointing numbers.



1993/94 Premiership Captain & Coach Peter Curran addresses the senior side before their Graeme Wright Cup match against Sandhurst



1998 - South Bendigo's Ryan Connaughton and Sandhurst's Dean Howard ahead of the first Graeme Wright memorial cup game and the named teams.

Source: <https://www.facebook.com/Bendigo-District-Football-Memories>

## **LOITERING WITH INTENT**

The 25<sup>th</sup> of April is a significant day on our nations calendar as it marks the anniversary of the first military action fought by Australian and New Zealand forces during the First World War. Over the years, this day of remembrance has grown in its popularity allowing us to commemorate all Australians and New Zealanders who served and died in all wars, conflicts, and peacekeeping operations.

Last week, many of us took the opportunity to gather at a dawn vigil or a memorial service across our city to honour those that have fought on our behalf. Each year I find myself becoming more and more moved as I think about the sacrifice that was given and the qualities that many of our ANZACS exemplified on the battlefield.

What characteristics do we most might admire about our ANZACS? It's the perceived qualities of endurance, courage under fire, ingenuity, good humour, larrikinism and mateship. While we can never fully understand what our diggers endured while fighting in various places around the globe, we find ourselves inspired by many of these qualities they exhibited as they stood in the gap on our behalf.

A quality that resonates with all of us is that of mateship – this idea of being there for one another in both the good and the bad moments of life. I come from a large faith community in this city where mateship is modelled in all kinds of ways. This past month has been a bit of a challenge for me as my wife experienced a bout of illness that had her hospitalised in Melbourne for about four weeks. While she was receiving some quality care, I had numerous mates standing in the gap for me and my family by providing meals, offering up places to stay in Melbourne, calling, sending text messages and even driving a couple of hours to visit me just to make sure that I was doing okay.

Sporting and faith communities are a great place in which mateship can thrive. I appreciate the many texts and calls I received from people at the South Bendigo FNC during my time of need and I want to encourage us all to keep fostering this quality of mateship in everything that we do. We are always “better together”.

I'm always happy for a coffee and a chat with anyone at any point in time. Just give me a call or catch up with me at training or on game day when I'm “Loitering With Intent”

**Dave Lovell**  
**South Bendigo FNC Chaplain**  
**0408 413 026**



## NETBALL NEWS

May will be another big month for our netballers! With Golden Square, Gisborne and Kyneton all big games that need to be won.

The Interleague weekend is also coming up in the month of May, falling on the 18<sup>th</sup>. This will be a bye for all of the clubs.

The girls will continue to hit the training track hard, with A Grade training on a Monday and Thursday, and all other grades training on a Tuesday and Thursday.

We are incredibly proud of three of our netballers for making the BFNL U17 representative side; Morgan McClellan, Carissa Brook and Chloe Langley. Congratulations girls, what a fantastic achievement.



**The BFNL U17's side with South Bendigo representatives Chloe Langley, the team's Vice Captain, standing third from left, Carrissa Brook seated centre and Morgan McClellan seated right**

We look forward to another big month of netball, and hopefully see the girls hard work pay off with wins.



## SNAPS FROM THE SIDELINES

This month we've taken our "snaps" from the BFNL Record featuring our A Grade Captain Chloe Adams. The cover photo displaying her athleticism with a huge vertical leap while inside another pic showcased her strong defensive skills.



## JUNIOR NETBALL

### 2019 BSNA Winter Competition

The junior netballers kicked off their season in early April followed by a break for the school holidays and Easter. We are now back into the grading rounds and seeing some great games with our teams improving each week. We have lots of players putting in the hard work at training and the results can be seen on the court. *Keep up the great work everyone!*

### Coaching Development

Under the leadership of our Director of Coaching, Janelle Hobbs, our junior netball coaches have been learning lots of new skills and drills at monthly information sharing and practical sessions to share with their teams. A Junior Coaches Facebook page hosted by Janelle also ensures our coaches are well supported and kept up-to-date with the latest in coaching. With the generous support of our Netball Operations Division, we have also been able to provide our junior netball coaches with a subscription to "The Netball Coach", a great on-line coaching resource that provides access to a huge library of video resources. The aim of the videos is to help our coaches plan their coaching sessions and suggest areas of skill development to focus on.

### Australian Men's and Mixed Netball Championships



Congratulations to one of our young gun netballers Will Whiteacre, who played in an U12 Boys Exhibition Netball match at the Australian Men's & Mixed Netball Championships.

Will played with 29 other boys from around Victoria before the Opening Ceremony and then had the fantastic opportunity to be a part of the Opening Ceremony for the QLD & VIC Open Men's game.

Will plays in our South U13 BROWN team and is the first young man to play netball for South Bendigo. He is such a great ambassador for South Bendigo and we hope with his enthusiasm, commitment and success, more boys will be inspired to join us in playing the wonderful game of netball.

We wish Will all the best in achieving your netball goals this year at the Bloods and congratulate him on his achievement and for being the best he can be.



## Elmore Bakery Pie Drive

What's the best thing about winter? Tucking into a nice hot pie on a cold winter's night, of course! Start clearing out your freezers as the Junior Netball Club will have all your pie needs covered this winter through its Elmore Bakery Pie Drive. Please keep an eye out for order forms during May and be ready to place your order!

## Players' Health and Wellbeing

The Junior Netball Club successfully applied to host a SALT (Sport And Life Training) Mental Health Workshop supported by WorkSafe. The workshop is aimed at girls aged 14-17 years old and, with only 35% of people seeking help on mental illness, it aims to reduce the stigma around this issue. More information on the Workshop will be shared with our junior netballers in the coming month.

## Support the Sponsors who Support our Junior Netballers

The South Bendigo Junior Netball Club sincerely thanks the following sponsors for their generous support during the months of April and May. When you get the opportunity, please support these businesses who so generously support our junior netballers.



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Debbie's Deli



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Poyser Trucks Bendigo





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**SUPPORT THE SPONSORS WHO SUPPORT OUR CLUB**

## FOOTBALL NEWS



### Seniors

Our Senior side has been competitive against some strong opposition in last year's premiers Eaglehawk and last weekend against Sandhurst after a first up win against Maryborough at home.

With injuries to a number of key position players we have had the opportunity to play a number of young players many of whom have performed well. Our first two games showed some inconsistency with effort particularly after half time which can happen with our lack of experience in senior football, but we were much better against Sandhurst last week over the four quarters. Players like Will Tobin, Jesse Sheahan and Kade Blow are great examples of young players who have showed that they can perform at senior level over the whole game.

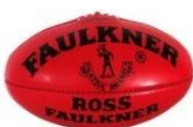
A long term knee injury to Daniel Nalder was disappointing as his form in the first two games and through preseason was sensational, he will be difficult to replace and we wish him well in his recovery.

Our Coach Nathan Horbury has instigated a system of play that when we have all the players working together we're convinced will see us match the best opposition as long as the individual players commit to their part, we have seen at certain times during games when this has had great results for us. Jake Smythe's boys in the Reserves are playing some great football with a number of them knocking on the door for senior selection and its providing strong competition for places in the senior team.

There has also been some great leadership from our co-captains Brody Haddow and Zac Hare who are playing good team football themselves and ensuring that we remain a tight team after the game by getting everyone back to the rooms. A couple of testing games ahead of us over the next few weeks but a challenge we are keen to accept.

Congratulations to 5 of our Senior players who have been selected in the 2019 Bendigo FNL Interleague Squad. Coach Nathan Horbury, Co-Captain Brody Haddow, Kaiden Antonowicz, Callum Crisp and Tom Brereton have received the well deserved honour and will be great ambassadors for our Club. Well done Boys.

### Gary Bath Football Operations





4 of our Club's 5 representatives in the 2019 BFNL Interleague Squad  
L to R: Brody Haddow, Tom Brereton, Kaiden Antonowicz & Callum Crisp

### Under 18's

Firstly big thank you to the team that helped with the U18's whilst I was away recently; in particular Craig Osborne, Rick McCaig, Senior Captain Zac Hare and Travis St Clair who coached the boys. Your assistance was greatly appreciated.

Unfortunately we had a bye in Round 1 as Maryborough were unable to field a side. A good performance by the team for first 3 quarters in our Round 2 match against Eaglehawk had us right in the game up until the final break before finally going down in the last quarter, Better Players for South were Jacob Buckell in his first Game for our club, Darcy Radford, Liam Jacobs also in his first Game for the Bloods, Thomas St Clair and Charlie Parks

In Round 3 we came up against a very good side in Sandhurst. While we were outplayed in the end the endeavour, especially in first half, was very good. Our better players on the day were Riley Osborne, Darcy Radford, Kyle Simpkins, Thomas St Clair and Jed Rouse.

So, while there were no wins in the first 3 rounds there are some promising longer term signs for the club and the improvement will become evident as the boys continue to strive to be the best they can be.

### Mick Easton U18's Coach



Congratulations to Will McCaig, Will Tobin, and Riley Osborne for being selected in the 2019 Bendigo FNL U18 Squad. Well done boys, a just reward for your hard work and good form.

## SNAPS FROM THE SIDELINES

Under 18's action from the Round 3 match against Sandhurst



## JUNIOR FOOTBALL NEWS

One of our Club's values is **Be Nice to People** and this behavioural value is never better displayed than in our members and supporters when they are spectators at a game.

Football is about enjoyment whether watching or playing the game. We all want to see the best out of our players, particularly if you are a parent of a player and we also want to see the best out of spectators too. If you want to show respect for your team, make sure your behaviour is a positive reflection on your club and be nice to people.

# FOOTBALL PLAYER'S PERSPECTIVE



## PARENTS BE AWARE

A mother was making a breakfast of fried eggs for her teenage son.

Suddenly; the boy bursts into the kitchen. "Careful, Careful!"  
Put in some more butter! Oh my goodness! You're cooking too many at once. Too Many! Turn them! Turn them now!  
We need more butter . Oh my! Where are we going to get more butter? They're going to stick! Careful!.....Careful I said be Careful! You Never listen to me when you're cooking! NEVER!  
Turn them! Hurry Up! Are you CRAZY? Have you LOST your mind?  
Don't forget to salt them.

You know you always forget to salt them. Use the salt.  
USE THE SALT! The SALT!

The mother stared at him. "What's wrong with you? You think I don't know how to fry a couple of eggs?"

The son calmly replied.....

**"I just wanted to show you what it feels like when I'm trying to play football....."**

Poster taken from



<https://www.facebook.com/pg/creektigers>

The Bendigo Junior Football season got underway on Saturday 27<sup>th</sup> April.

The Junior Division has achieved a very good outcome with the numbers of players registered this year. During the 2019 season we will have 2 x Under 12 sides, 2 x Under 14's which is a healthy sign for a strong club in the years ahead. The club will also field Under 10's and an Under 16's side in the junior competition this season.

In Junior Girls football we have a new Under 13's girls side playing this year, joining our U15's girls who have kept most of the playing group from last season. The growth of girl's football at South is really exciting for the club and continues to go from strength to strength.

The Junior Division has invested in the Advanced Coach Mentoring Program which provides our junior coaches to a wide range of tools and support such as game plans, training drills and educational videos. Their Coaching Director, ex AFL senior coach Chris Connolly, met with the junior coaches earlier in the year and the investment is already starting to return dividends in helping our junior players be the best they can be. As Chris Connolly says; *"If young footballers are not well coached, they will not reach their full potential"*



## MAJOR DATES TO SAVE IN 2019

### Kennington Football Club Reunion

#### Round 5 Saturday May 11<sup>th</sup> V Gisborne at Harry Trott Oval

Continuing the initiative started in 2018 where the club hosts past players and officials from the first Bendigo Football League side to have Harry Trott Oval as their home ground

### Sports Luncheon & Coterie Day

#### Round 7 Sunday 2<sup>nd</sup> June V Kangaroo Flat at the QEO

The annual sports lunch for our sponsors and coterie members.

Featuring a notable guest speaker from the world of sport and a great meal from our good sponsors at the Boundary hotel.

### Premiership Reunion Day

#### Round 11 Saturday 29<sup>th</sup> June v Eaglehawk

Becoming a regular feature on the club's social calendar when we welcome back our premiership heroes on the 5 or 10 year anniversary of their triumph.

This year invites will go out to 4 Senior, 6 Reserves and 3 Under 18 sides. The most notable invitees being Colin Rice's 1969 legends celebrating the 50<sup>th</sup> anniversary of their great win over Eaglehawk.

### Life Members & Fabulous 50's Past Players Luncheon

#### Round 12 Saturday July 13<sup>th</sup> V Sandhurst at the QEO

The fourth annual Life members lunch where the club recognises and acknowledges the great contribution made over the years by our Life Members.

Given the very real interest expressed at the 125 celebrations for a reunion of those fabulous sides of the 50's the club has decided to honour those humble legends as special guests at this year's luncheon.

### Major Draw

#### Sunday 14<sup>h</sup> July



The winners are drawn at the Social Rooms for one of our major annual fund raising events.

### Annual Ball

#### Round 15 Saturday 3<sup>rd</sup> August V Kyneton at the QEO

Venue – All Seasons.



 <p><b>BINGO</b> Mon - 7:30pm Thu - 1:00pm</p>	 <p><b>SOUTH BENDIGO</b> FOOTBALL NETBALL CLUB</p>	<p><b>HALL FOR HIRE</b> <b>PHONE FOR BOOKINGS</b> <b>03 5443 5191</b></p>
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## FIXTURE & RESULTS

### Round 1: 13<sup>th</sup> April at the QEO

#### Football

	Seniors	Reserves	U18's
South Bendigo	14.13-65	28.23-191	BYE
Maryborough	9.11-65	1.0-6	

#### Netball

	A Grade	A Reserve	B Grade	B Reserve	U17's
South Bendigo	52	BYE	39	39	66
Maryborough	60		34	37	33

### Round 2: 19<sup>th</sup> April V Eaglehawk at Canterbury Oval Eaglehawk

#### Football

	Seniors	Reserves	U18's
South Bendigo	7.6-48	6.12-48	7.6-48
Eaglehawk	18.17-125	9.6-60	18.17-125

#### Netball

	A Grade	A Reserve	B Grade	B Reserve	U17's
South Bendigo	48	45	43	36	43
Eaglehawk	48	37	48	56	53

### Round 3: 27<sup>th</sup> April V Sandhurst at the QEO

#### Football

	Seniors	Reserves	U18's
South Bendigo	9.10-64	19.20-134	1.4-10
Sandhurst	12.9-81	1.2-8	15.15-105

#### Netball

	A Grade	A Reserve	B Grade	B Reserve	U17's
South Bendigo	28	40	34	31	38
Sandhurst	62	50	54	54	60

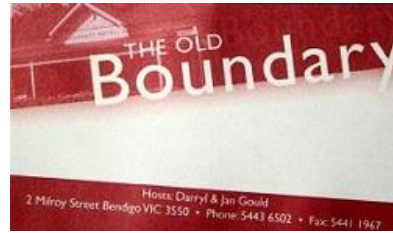
### Coming Up

Round 4: 4 <sup>th</sup> May	Golden Square	At Wade St, Golden Square
Round 5: 11 <sup>th</sup> May	Gisborne	At Harry Trott Oval
Interleague Game 16 <sup>th</sup> May	Gippsland FNL	At QEO
Round 6: 25 <sup>th</sup> May	Kyneton	At Kyneton Show Grounds





## MAJOR SPONSORS IN 2019



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